



KATHY'S KREATIONS  
141 East Main Street  
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AUGUST 2012 UPDATE

Dear Stitches,

Did you know that the projects you choose tell an intriguing story of who you are, where you've been and what inspires you most? This season, Kathy's Kreations is inspired by summer -- textural stitchwork, fabulous yarns and gorgeous colors. Our latest collection will help you to create beautiful knitted and crocheted items you'll enjoy making, ones that will tell your tale in stitches.

What is *your* summer story? Our customers seem to be most interested in lightweight scarves and shawls (the Before & After Bias scarf continues to be very popular among knitters, now being worked with CLAUDIA HANDPAINTED "Linen"; crocheters love Kelly's Frothy Wrap & our CRYSTAL PALACE fingerless mitts with flower embellishment). There is also a trend toward small projects like Turkish Bed Socks and neck warmers for back-to-campus, as well as a head start on holiday gift-giving. We've got plenty of ideas for you to work on at the beach, at a baseball game or when you simply want to slow down, relax and enjoy every moment of sunlight and stitching outdoors.

For those of you eager to start on your fall stories, we are pleased to announce the arrival of new yarns, the latest patterns, innovative products that will help you get organized, and clever gadgets to make the stitching easier. Savor the last few weeks of summer, make us your destination station, and remember that 9 out of 10 stitchers know: "Happiness is more yarn!"

### **AUGUST IS "YARN IS GOOD" MONTH**

**Purchase 2000 yards or more\* regularly-priced yarns  
in stock and receive 10% off throughout August 2012**

**\*applies to one-time purchases, quantities cannot be accumulated;**

**\*no limit as to how often you may purchase a 2000 yard quantity**

**Hours: 9:00 am - 5:00 pm Monday through Saturday**

Kathy is usually away on Wednesday, but the shop is open

We accept Mastercard, VISA, Discover, AX  
Private knitting, crochet, spinning, and drop spindle  
instructions are available by appointment  
Finishing services & gift certificates available  
Shopping at Kathy's Kreations has never been easier

COME IN - CALL UP - LOG ON

e-mail [kathy@kathys-kreations](mailto:kathy@kathys-kreations)

please visit our website [www.kathys-kreations.com](http://www.kathys-kreations.com)



\*\*\* GREAT NEW STUFF \*\*\*

At Kathy's Kreations, we love August! It's still fun to knit for summer, although our stitching thoughts are beginning to turn towards fall and the holiday gift-giving season. Pick your pleasure -- stitch, unwind and enjoy with our exciting wonderful products. We're here to help spark your creativity with knowledge and ideas, to learn new techniques and refine old ones, and to discover projects that stretch your skills. Dive in and try something new...

*Interweave Knits Fall 2012* (\$6.99, upper left) is like a breath of crisp, fall air, with 23 reasons to cast on right now. In her editorial, Eunny Jang advocates the "just do it" approach: "Some projects require more concentration to make them come out right than others do, but anyone who can knit a stitch and purl a stitch can pretty much make anything he or she wants to ... all it takes is enthusiasm and a willingness to make mistakes. Luckily, our materials are mostly renewable: you can unravel your work and try again." This issue is packed with fresh projects to bust any summer knitting rut: pretty fall-ready openwork to deep luscious cables; fun low-relief textures in delicious knits that show off what old-school wool can do; and finally, simple-to-intricate colorwork patterns that will delight color mavens. The projects cover a wide range of knitting techniques. Choose something you've never done before-- intarsia, slip-stitch knitting, Aran-style cables, or controlling colors in a long-stripe yarns--and "go for it!"

The landmark 25th issue of *Interweave Crochet* (\$6.99) is pure, simple crochet goodness. Filled with refreshing warm-weather ideas, you'll be inspired to play, learn, and explore. Lots of the garments featured do not take that much fabric, so you can make them faster. This season, lacy crochet tunics are filling the stores and runways and you'll find 23 must-make designs. From pool to picnic, there are beach cover-ups, chic retro stripes and fancy edgings. You are sure to enjoy the magic of this issue...

Autumn is a time to come in from the garden, cozy up with your latest project and break out all your lovely handknits. *Knit Simple Fall 2012* (\$6.99) has 36 quick, funtastic, colorful and creative knits. There are chunky fall sweaters in non-traditional perfect pastels, easy-to-stitch must-have cowls and wraps, and the season's "It" knits. Part fashion statement, part practical chill chasers, cowls and shoulder cozies are legends of the fall season. There are crochet motif afghans, "3-peat" shawl that can be worn three different ways, mix & match rainbow bright accessories for teens or tweens, and a darling layette for baby. Yarn + Life + Fun = Knit Simple!

The technology age has fostered knitting and crochet's growth. At a time when global markets and wide-reaching internet information exchanges enables us to work with fibers from anywhere, interest is growing in fibers produced closer to home. "Made In The USA" has become increasingly important to us, and a once-thriving textile industry is again growing, processing and milling fiber. KRAEMER YARNS from Nazareth, PA is one of our favorite US companies offering quality yarns at a competitive price. New arrivals include "Perfection Worsted" (\$6.95), "Perfection DK" (\$6.95), "Perfection Lights" (\$7.95) and "Tatamy Tweed" (\$6.95). Please check out the darling sunflower sun dress shop model garment in cotton blend "Tatamy Tweed" (shown at right)...



\*\*\* MORE GREAT NEW STUFF \*\*\*

Organize in style with NAMASTE -- you're gonna love these bags! Now in stock is the "Monroe" (\$84.00) with a 3-compartment storage design fully equipped with extra pockets, a rear document pocket for patterns & such and magnetized closures. Tired of your small notions ending up at the bottom of your bag? The small pouch (\$5.50) is a perfect way to keep everything within reach. The ever-popular magnetized "Buddy case" (\$15.50) and "Skinny Mini" (\$18.95) are ideal for storing dpns, crochet hooks, and other tools in style. The Circular Case (\$24.95) is the solution to storing and organizing all of your circular knitting needles. Choose NAMASTE for carefully crafted, divinely simple ways to keep your stuff in its right place...



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CLASSIC ELITE

CLASSIC ELITE YARNS is known for outstanding yarns and brilliant designs. The entire fall pattern collection is now here (\$9.95 per booklet). Choose from "Inca Alpaca" (shown upper left), "Nature Trail", "The Road Not Taken", "Liberty Wool Baby", or "Top Notch". You'll have trouble deciding what to make first...

The story behind MANOS DEL URUGUAY "Wool Clasica" (\$17.50, 100% wool, 100 grams, 138 yards, CYCA #4) is as compelling as its kettle-dyed colors. Handspun in an artisan cooperative in rural Uruguay, Clasica is soft and lustrous with a subtle thick-and-thin texture. The finished yarn is kettle-dyed in small batches over wood fires, resulting in shimmering gradients of color that add richness to projects of any size. Available in a variety of natural, space-dyed, and semi-solid colors...

On end-of-summer road trips, it's nice to have a small take-along project from CHURCHMOUSE DESIGNS (\$5.50 per pattern). Passengers have something to do to pass the time, and drivers will have something to do when they get to their destination. Also, projects that fit in your purse make plane rides seem shorter. Our favorite is 'Wetted Fingerless Gloves' knit from MANOS "Silk Blend" (available in new semi-solids for \$14.50 and variegated shades for \$14.95). The always captivating "Turkish Bed Socks" in CLAUDIA HANDPAINTED YARNS "Fingering Merino" and the "Picot Edge Washcloth" in MINNOWKNITS "Cottontail" are also terrific travel projects. You can finish these on the way and present one as a thoughtful hostess gift when you arrive...

Did you know that heart disease is the leading cause of death for women in the US? To promote heart health awareness among stitchers, Jimmy Beans Wool owner Laura Zander launched an industry-wide initiative, *Stitch Red*, to partner with the Heart Truth, an awareness campaign of the National Institutes of Health (NIH). Look for *Stitch Red* products on our shelves and stop in on **Friday, August 3, 2012, from 5 - 8 pm** to join us for a *Knit Red* stitch-in. Please bring along a red project to knit or crochet. Featured products that donate at least 5% of the profits to the Heart Truth include LANTERN MOON's *Stitch*

Red Square Clip Bag (\$53.95, shown left), pairing a red canvas exterior with red-and-blue polka dot lining. It's ideal for stitchers on the go, but its solidly square footprint makes it a steady couch companion. Pocketing is slim-profiled yet substantial, with two exterior patch pockets and a zippered one inside. Also check out NAMASTE's "Oh, Snap!" pouches (\$19.50, set of 3), whose sturdy construction with mesh transparency will help you organize all your stuff in your knitting bag or purse (just ask Kathy!)



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\*\*\* NOW ON OUR BOOKSHELVES \*\*\*

Knitwear designers Alana Dakos and Hannah Fettig are two friends living on opposite ends of the USA. They have come together to produce *Coastal Knits* (\$23.50, soft cover, shown left), a compilation of ten fresh designs inspired by Alana's California and Hannah's Maine coastlines. Each design captures the essence of their favorite local destinations, and is accompanied by photographs and essays on the location's special meaning to the designer. It is a personal, inspiration-based collection of sweaters and accessories that knitters of all levels will appreciate. We also have a selection of individual patterns from Alana ("Never Not Knitting") and Hannah ("Knitbot"), including new patterns for fall...

Fashions change. What's in today is out tomorrow. In the clothing world, there are trends and fads. Any color but black is the new black. Remember, though, that good knitting techniques never go out of style. Whether you are knitting trendy styles or classic silhouettes, the same basic knitting methods help you achieve a well-made garment. *Seven Things That Can Make or Break A Sweater* by Margaret Fisher (\$24.95, soft cover) reviews the techniques and includes lots of tips and hints for producing good results. If you are going to spend hours making a sweater, you'll want to use these methods to make even the simplest sweater look marvelous. Margaret will be teaching at the Bedford Springs Spa & Resort November 2012 Knittreat, along with Kathy...

\*\*\* KNITTING DAILY TV \*\*\*

The Alpaca Fiber Cooperative of North America will be a guest on Knitting Daily TV, episode 905. Kathy's unisex Drop Stitch Hat, Vest and Scarf trio for KRAEMER YARNS is the featured project worked with "America's Alpaca", made in the USA, and spun in Nazareth, PA. Pattern and yarn are available now on our shelves. Kathy will be glad to do a designer demo for the pattern stitch how-to...

\*\*\* I LOVE YARN DAY \*\*\*

Whether you knit, crochet, craft or just adore fiber, **Friday October 12, 2012** has been declared "I LOVE YARN DAY" by the Craft Yarn Council. This is also Fort Ligonier Days here in Ligonier. If you plan to visit Kathy's on that date, please be sure to say **"I LOVE YARN"** to receive **\$5 off your purchase of \$25** or more of regularly-priced yarn...

\*\*\* DESIGN A SCARF CONTEST \*\*\*

Kathy's Kreations is again pleased to sponsor a "Design A Scarf" contest for knitters or crocheters at the annual Westmoreland County Agricultural Fair August 19 - 26, 2012. This year's entries must be made with a natural fiber "Made in the USA". Entry form / fair catalog may be obtained at local farm stores or from the Entry Secretary. Prizes include gift certificates from Kathy's Kreations: 1st -- \$40; 2nd -- \$30; 3rd -- \$20. See you at the County Fair...

\*\*\* KATHY'S DESIGNS \*\*\*

Thanks to our customers and "We Love Kathy's" group members who mentioned that Kathy's "Blue Horizons" sweater appeared as a "hot design" on Ravelry last month. This design is featured in KNITTER's MAGAZINE K 107 -- copies of the issue and ROWAN "Summerspun" yarn used in this project are still available...

\*\*\* GLITZBURGH SCARF \*\*\*

Our "Summer In Ligonier" Yarn Tasting weekend with Eleanor Swogger, Merchandise Manager for KRAEMER YARNS, was a big success. Thank you to Eleanor and KRAEMER YARNS for sponsoring this fun event. The hit project of the weekend was "My Team Scarf" designed by Eleanor. About the scarf she says; "Most people have a favorite team and enjoy wearing clothing in support of that team. This scarf adds a little sparkle and a variation on the rib to the traditional team scarf. Choose your colors from Perfection Lights and Perfection, or, for the guy in your life, choose only Perfection colors".



As you walk into the front door of Kathy's Kreations, our favorite black and gold colors are proudly on display. In honor of Steelers training camp at St. Vincent College this month, the resurgent Pirates, and beloved Penguins, we've been given permission to reprint the pattern for black & gold fans everywhere, and Eleanor's OK to re-name this the "Glitzburgh Scarf". We also have collegiate colors and can accommodate rival Browns, Ravens and out-of-town fans, too (but don't tell the locals)...

FINISHED SIZE: 5.25 X 66" unblocked or 7" X 66" blocked

MATERIALS: 2 skeins KRAEMER YARNS "Perfection Lights" onyx (color A), 2 skeins "Perfection" canary yellow (color B), worsted weight, CYCA #4, 200 yards each; US size 8 knitting needles, straight or circular; marker (optional, if needed to remember to change from 3 stitch to 2 stitch repeat)

GAUGE: with US size 8 needles, 33 stitches = 4" unblocked; 22 sts = 4" after blocking

DIRECTIONS: With color A and long-tail method, cast on 39 stitches.

Set-up Row (wrong side): P3, K3, P3; \*K2, P2, K2, P3, K3, P3; repeat from \* once.

Row 1: K3, P3, K3; \*P2, K2, P2, K3, P3, K3; repeat from \* once.

Row 2: P3, K3, P3; \*K2, P2, K2, P3, K3, P3; repeat from \* once.

Repeat rows 1 & 2 seven more times (16 row repeat).

Change to color B. Repeat 16-row repeat with color B. Alternate colors every 16 rows for stripe pattern, ending with color A when scarf measures approximately 66" or desired length. Bind off in rib pattern. Weave in all ends. Block, if desired.

For a wider scarf, add 15 stitches to the cast on number and repeat the pattern an additional time.

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\*\*\* KNITTING TIPS & TRICKS \*\*\*

Thanks to Linda Honchar for sharing this clever "Kitchener Cheat Sheet", a handy way to to remember a how-to! Note: Be sure to arrange stitches on your needles so that the heel is facing away from you.

**Set up (do only once)**

1. Front needle: purl -- leave on
2. Back Needle: knit -- leave on

**Repeat**

3. Front needle: knit off, purl leave on
4. Back needle: purl off, knit leave on

\*\*\* STITCHING HUMOR FROM CAROL HUMMEL \*\*\*

Q. Why did the Mobius cross the road?

A. To get to the same side!

\*\*\* INQUIRING KNITTERS WANT TO KNOW \*\*\*

Carol T asks: "What does it mean when it says to work sts on WS as they appear?"  
Kathy answers: As a new knitter become more experienced, you will begin to "read" your work. You will learn to recognize that knit stitches look like little V's, and purl stitches look like bumps. To work them as they appear, knit the knit stitches and purl the purl stitches. For example, if you have a pattern that reads "K7 - P1 - K7", it becomes "P7 - K1 - P7" when you work they stitches as they appear. A knit stitch on the right side looks like a purl stitch on the wrong side...

\*\*\* CUDDLES SEED STITCH BABY BLANKET \*\*\*

Finished size: approximately 32" X 34" (see photo lower right)

Materials: 10 balls CRYSTAL PALACE YARNS "Cuddles" (MC, approx. 980 yards bulky weight); 3 hanks accent yarn (CC, approx. 325 yards worsted weight, sample used a cotton blend); US size #10 circular knitting needle 32"- 40" length; crochet hook size US #G; tapestry needle

Gauge: 13 sts / 24 rows = 4" with US #10 needles, in seed stitch

Seed stitch:

All rows: K1, \*p1, k1; repeat from\* across row.

Directions: Using long tail method, cast on 107 sts. Work in seed stitch for 2".

Row 1 (RS): With MC, k1, \*bring CC to RS of work and k1 with MC, take CC to back of work, k1 with MC; repeat from \* across. This row is worked with MC.

Note: CC is held back & forth to weave, sts are worked with MC in stockinette only.

Row 2: With MC, p2; \* bring CC to front of work, p1 with MC, take CC to back of work, p1 with MC; repeat from \* across to last stitch, end p1 with MC.

Repeat rows 1 & 2 once, then work row 1 one more time (5 rows of woven stitch pattern). Work in seed stitch until piece measures 3" less than desired length. Work 5 rows woven border. Work in seed stitch for 2". Bind off all sts in pattern.

Edging (adapted from a vintage BERROCO pattern, booklet 225):

Row 1: With crochet hook, right side facing and CC, work single crochet (sc) edge around entire blanket, working 3 sc in each corner, end slip stitch into 1st sc.

Row 2: Chain 1, sc in first sc, skip 1sc, \* (dc, chain 1, dc, chain 1, dc) all in next sc, skip 1 sc, skip 1 sc, sc in next sc; repeat from \* around edge. Fasten off. Weave in all ends.

Alternate Edgings: With crochet hook, right side facing and CC, work single crochet (sc) edge around entire blanket, working 3 sc into each corner, end slip stitch into 1st sc.

Work 1 - 2 rounds as desired.

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\*\*\* CROCHET TIP \*\*\*

Secure the working loop with a locking stitch marker or coilless pin when setting work down to avoid having the project unravel accidentally. Kathy's Kreations recommends CLOVER locking stitch markers (\$5.95 per pack) or HIYA HIYA rustproof pins (\$3.50 per pack), available for purchase here. These pins are also useful for marking the right (public) side of your work. For further tips and tricks, *Interweave Crochet* Summer 2012 has an excellent article and helpful illustrations with great ways to use stitch markers in your crochet work...



photo courtesy of  
Betty Lou Glasso



\*\*\* FALL FLING WORKSHOP ANNOUNCEMENT \*\*\*

At the TNNA trade show, beaded knitting accessories, scarves & shawls replaced ruffling yarns as the hot new items for 2012, with beaded jewelry also capturing attention. Focusing on this trend, Kathy's Kreations invites you to join us for a "Fall Fling" knitting workshop weekend, hosted by Carol Smith and Kathy Zimmerman.

Accomplished knitter, instructor, and Merchandise Manager for Kraemer Yarns of Nazareth, PA, Eleanor Swogger, will teach a two-day workshop at the Ramada Inn in historic Ligonier, PA. The hands-on classes will be a "Getting Started With Bead Knitting", a purled I-cord simple spiral bracelet project; "Lace & Beads" fingerless mitts (shown upper left), and "Playing with Mitered Knitting". In the beading classes, you will learn two different methods for incorporating beads into your knitting, as well as basic lace techniques in the mitt class. In the mitered knitting class, you will learn the how-to's to create the basic garter stitch square and how to customize your look to create the desired fabric. For skill levels beginner, intermediate and beyond, students must be able to knit and purl.

The weekend package includes an after-hours "soup and sliders" party and special shopping time at Kathy's Kreations (Friday evening); coffee breaks and two lunches at the Ramada; classes Saturday and Sunday; free time to shop in the pretty little town of Ligonier and goodie bags. The price is \$200 per person. Overnight lodging is not included, but the Ramada has set up a special rate for us, so please make your own reservations by calling 724-238-9545. Space is limited on a first-come, first-served basis, so please e-mail or call 724-238-9320 (already 3/4-filled). KATHY'S KREATIONS will be open on Sunday, September 23, 2012, from 12 noon - 4 pm. Attendees will receive a 10% discount on all regularly-priced knitting supplies and yarn all weekend...

\*\*\* WHERE'S KATHY? \*\*\*

August 9 - 12, 2012: Kathy will be teaching once again at Stitches Midwest in Schaumburg, IL. Class schedule is available at <http://www.knittinguniverse.com> (Knitter's Magazine website). Class topics include Knit to Fit; Ruffles, Scallops and Frills; Intro to combining Lace and Cable and Slip-Stitch Savvy. To view Kathy's classes, go to [http://knittinguniverse.com/portal/KZimmerman\\_STSMW12/](http://knittinguniverse.com/portal/KZimmerman_STSMW12/)

August 22, 2012: Kathy will be the featured instructor for the Pittsburgh East Knitting Guild in Monroeville, PA. Kathy's program, "Textures & Cables Fingerless Mitts" is an original design for KRAEMER YARNS, featured in Kathy's pattern collection.

September 7 - 8, 2012: Kathy will be a featured teacher at Knitter's Day Out in Summerdale, PA, at Central PA College. Donna Dunlap and Eleanor Swogger of KRAEMER YARNS will be manning Kathy's market booth; details are available at <http://www.knittersdayout.org>

Class topics are Brioche Basics, Getting the Most out of Self-Striping Yarns and Holes on Purpose (lace knitting basics).

September 21 - 23, 2012: Kathy and Carol Smith will host the 3rd Annual Fall Workshop at the Ramada Inn in historic Ligonier, PA with guest teacher Eleanor Swogger. Registrations are now being accepted but space is limited (just a few spaces left)

October 4 - 7, 2012: Kathy will be the featured instructor at a "Knitting Superstar" weekend for the Atlanta Knitting Guild; Atlanta, GA

October 26 - 27, 2012: Kathy will be the guest teacher at the Western Reserve Knitting Guild in Canfield, OH for a weekend workshop

November 1 - 4, 2012: Omni Bedford Springs Fall Knittreat; Kathy will teach "Lace-Back Fingerless Gloves; details at <http://www.knittreat.com>

**\*\*\* CALENDAR OF EVENTS \*\*\***



Join the "First Mondays" Club for an evening of knitting, crochet and fellowship, at Panera Bread Greengate; Greensburg, PA. Meeting dates are **August 6, 2012, and September 10, 2012** (meeting on 2nd Monday due to Labor Day Holiday) **6:30 pm - 8:30 pm**. All skill levels of knitters and crocheters welcome!

**\*\*\* "KNIT KNITE" AT KATHY'S KREATIONS Tuesday evenings, August 14, 2012, and September 11, 2012; 7:00 pm - 9:00 pm (rsvp please) \*\*\***

Join Laurel Highlands Knitting Guild members for an evening of stitching & lots of fun conversation (non-members welcome). All skill levels of knitters & crocheters are welcome to come, sit & stitch! In the event of nasty weather, please call ahead to make sure we are meeting...

**\*\*\* FUN FRIDAYS, August 17, 2012, and September 21, 2012; 10 am - 2 pm \*\*\***

All knitters & crocheters welcome! Our instructor Joyce Bischoff is available for help with your questions, skill building and how-to's for projects purchased here. Please call ahead to let us know you will be coming, as space is limited.

**\*\*\* RAVELRY GROUP MEET AND GREET \*\*\***

Members of the "We Love Kathy's" Ravelry group will be gathering at Kathy's Kreations on Saturday mornings **August 11, 2012, and September 8, 2012; 10:00 am - 2:00 pm**. Please bring your knitting, crocheting and any projects to show and share. We meet on the second Saturday of every month. All group members will receive a 10% discount on regularly-priced merchandise purchases on this "Meet and Greet Day". Not a member? Ask us how you can join!

**\*\*\* "THE STROLL" SIDEWALK SALE AND STITCH RED NIGHT\*\*\***

Join us for "The Stroll" sidewalk sale on **Friday, August 3, 2012**, another fun happening with an "oldies" flavor. Kathy's Kreations will be open **9 am - 8 pm!** We will have **STITCH RED NIGHT after 5 pm** -- please bring along something red to knit or crochet! This event is part of an industry-wide initiative among yarn manufacturers and retailers to raise awareness and to help prevent heart disease in women.

**\*\*\* "SPECTRA SHAWL" KNITTING CLASS with instructor Marilee Roney; Saturday, August 18, 2012; 9:30 am - 12:30 pm; \$25.00 registration (includes pattern)\*\*\***

The Spectra Shawl by Stephen West (upper left) is one of our most popular projects. Marilee will instruct you in the how-to's for this unique, lightweight scarf featuring two fingering weight yarns. Short row shaping creates a dramatically curved edge that coils and playfully drapes. Basic intarsia technique entwines two strands of yarn, creating seamless wedges that resemble a rainbow or color wheel. Student supplies include 420 yards fingering weight yarn (color A), 230 yards fingering weight (color B) and US size 5 straight knitting needles. Supplies available to purchase on class day.

**Private knitting, crocheting, felting, drop spindle, and spinning lessons available by appointment. We would be glad to do a specific class for groups of 4 or more. Kathy's Kreations has been the helpful hands of experienced knitting for over 32 years !**

We look forward to hearing about your stitching stories. Have an awesome August!  
**KEEP KNITTING AND CROCHETING!**

Kathy