



KATHY'S KREATIONS
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SEPTEMBER 2013 UPDATE



Dear Stitchers,

Fall into color and celebrate the start of a new stitching season! Autumn brings so many changes (and all of them good) -- the leaves turning colors, the crispness in the air, and the contented feeling of curling up in your favorite chair with your favorite new project and a cup of hot tea/coffee/hot chocolate/warm cider. At this time of year, how can we help but have visions of rustic, tweedy knits and cozy shawls dancing in our heads? This season is all about creating comfortable stylish sweaters, snazzy accessories and spectacular home decor items for yourself, family and friends.

Do you love color, technique, style, fashion, or all four? Fall 2013 fashion trends follow an eclectic nature with collegiate-inspired tweeds, vintage throwback influences, a return to mod styles (capes with bright colors; "more is more") and even head-to-toe winter white making an impression. Fashion and function merge with hats being the "go-to" autumn accessory. Layer a mix of colors and patterns to create seasonal ensembles with personality. Pair yarns for inviting, modern designs. Craft classic silhouettes into unique knitwear with color and stitch combinations. Renew your interest in sweater dressing with special details and accents, as the raglan silhouette is making a big comeback.

But, the best thing about fall knitting and crocheting is -- new yarns! Whatever your stitching wishlist, it all revolves around yarn and fiber. Kathy's Kreations has fresh, fun yarns in all types of fibers that will get you excited about new stitching possibilities. We've got the latest ideas and expert how-to's to help you mix, match and make!

IT'S "YARN IS GOOD" MONTH!
10% off all in-stock, regularly-priced
PLYMOUTH YARNS
during September 2013

Hours: 9:00 am - 5:00 pm Monday through Saturday
Kathy is usually away on Wednesday, but the shop is open

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*** GREAT NEW STUFF ***

There are so many things to love about fall -- the cooler temperatures affords us the chance to pull on an extra layer, the beautiful color show that Mother Nature puts on, the yummy food that comes with the season, and even changing from sandals to boots. But, fall stitching is the best thing about fall -- there is something comforting about settling in with yarn and needles or hook. We've got yarns, designs, and colors to "fall for" this autumn, starting with a stash of possibilities and a bevy of great ideas. Here's our latest collection of fall-y stuff sure to spark your creativity...

Knitting's as easy as 1,2,3 with *Knitter's Magazine Fall 2013 K112* (\$6.95). This issue is chock full of fun knits like mixed doubles, ritsy raglans and craftsy color work! We are pleased that two of Kathy's designs were selected for this collection. "Ivory Leaves" (shown upper right), worked in KNIT ONE, CROCHET TOO's "Meadow Silk", plays stockinette against reverse stockinette in sculpted columns of interlocking leaves. It's a classic cardigan with model appeal. Editor Rick Mondragon told Kathy that this design inspired a raglan challenge at the upcoming Stitches East conference. *Knitter's* says: "The play of stockinette against reverse stockinette in a checkerboard pattern is so very common, but look what a strategically-placed row of increases and decreases can do -- the fabric is sculpted into leaves." Kathy's "Triple Threat" design, knit with KOLLAGE YARNS "Fantastic", was featured on the runway at the Stitches Midwest Fashion Show, modelled by XRX Director of Sales & Marketing Benjamin Levisay's son, Christopher (shown lower right). Your favorite guy will be a triple threat with three different stitch patterns that create playful stripe combos, textured columns, and a great yoke design. *Knitter's* says: "We treat the guys to a stunning pullover with lots of interest. The three textures, playful stripe combo, and stair-step yoke are ruggedly handsome, yet tailored. Our shopgal Jeanne thinks this is equally appealing for the ladies to knit and wear, too..."

Find your fall with 24 knits, rustic classics, and sleek new styles in *Interweave Knits Fall 2013* (\$6.99). There are new ways to make and join knitted motifs, colorwork 3 ways, the best hand-dyed yarns for stitch patterns, and dropped stitches (a new kind of lace). Raglans, A-line silhouettes, and travelling stitches all put diagonals on display. Our pick is the Permanent Way Cape -- mirrored cables travel the outer edge of shaped armholes and a scrumptuous cowl completes the warmth and comfort that the generous cape offers...

OK, fall's here -- it's time to start your holiday knitting. And, right on cue, here comes *Interweave Holiday Knits* (\$14.99) There are 41 knits to give and receive -- colorwork, cables, lace, one-skein scarves and knits for the whole family. Knitting gifts has always been a part of holiday making. We love to knit precious things for those people we cherish. This holiday issue is not intended to serve as a "gift for everyone on your list" pattern collection. The designs in this collection are meant to serve as inspiration, to fit into your knitting and your holidays as bits of joy, comfort, and delight. If you find the perfect gift for that special someone, wonderful. If you find something to make for yourself, wonderful. Hopefully you'll find something here to make your holidays memorable...

From across the pond (Wales, UK) comes new colorways of COLINETTE "Jitterbug" yarn (\$27.50, 100 grams, 400 yards, 100% merino wool easy care, CYCA #2). This yarn is ideal for lightweight scarves, shawls and accessories...

Additional colorways of HiKoo "Simplicity" are here, just in time for Michelle Hunter's "Colorworks" workshop. Ask to see the new metallics...



*** MORE GREAT NEW STUFF ***

If you missed our KRAEMER YARNS Yarn Tasting with Eleanor Swogger last month, you missed out on a lot of fun. But, you're not too late to get your hands on some yummy shades of "Perfection Worsted Tapas" (\$8.50, 100 grams, 200 yards, 23% domestic merino wool / 77% acrylic). Lisa Carnahan was so impressed with this marled yarn that she used it for her latest design, "Lace Reader's Wrap" (\$5.00, shown right). The third in Lisa's readers' wrap series, this rectangular stole features diamond openwork panels along the neckline and on the roomy pockets. Perfect for curling up with your favorite romance novel, e-reader or your stitching on cool autumn evenings...



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Lisa Knits

Kathy, Karen, Carla, Linda L, Betty Lou and friends attended Stitches Midwest in Chicago last month. DREAM IN COLOR's "Chelsea's Shawl" (\$48.00, kit) was one of the "finds" at the Market, and we had to bring it home. \$10 from the purchase of every kit will be donated by DREAM IN COLOR to support Chelsea's Light Foundation, organized to protect children and inspire positive changes in core values. The kit contains an online coupon code for Stephen West's "Akimbo" shawl pattern and two skeins of DIC's "Smoochy" 100% merino wool in shade sunflower and your choice of teal or coral accent...

KNIT ONE, CROCHET TOO's "Sea Lettuce Shawl" (\$5.50) is a wrap stitch shawllette with the main section worked first from the bottom up to top edge. The lace border is picked up along bottom edge of main section and worked down. Two colorways of "Crock-O-Dye" yarn (\$24.50, 100 grams, 416 yards, 65% wool / 20% nylon / 15% silk, CYCA #1) are used...

New for cool weather, BERROCO "Lodge" (\$8.50, 50 grams, 98 yards, 47% wool / 47% acrylic / 6% rayon, CYCA #3) is a soft and colorful tweed in a bulky weight for fast projects in both knit and crochet. Lodge's mesmerizing color transitions are punctuated with vibrant tweed flecks. The lofty wool blend is spun into a single ply and works up quickly into rich, autumn-toned stripes. The acrylic, wool and rayon mix provides both warmth and durability for cozy fall and winter garments...

ADDI "Sock Rockets" are once again in stock. We introduced them last month, and promptly sold out. Sock and lace knitters are finding these to be their knitting needles of choice for fine gauge garments. They work exceptionally well for "magic loop" technique...

As the weather cools, we look forward to short trips on long weekends to escape from the work week. Nothing defines TAHKI YARNS' relaxed casual look better than the new "Fall Getaways" Collection (\$19.50, cover shown lower right, in beautiful samba colorway). This booklet features 24 knit designs, with garments and accessories that provide both comfort and style in a wide variety of yarns including "Kismet" (\$12.50, 50 grams, 250 yards, 54% alpaca / 46% nylon, CYCA #4). The "Biltmore Double-Knit Vest" is already proving to be a very popular must-have knit for sweater season. "Kismet" is a brushed alpaca-blend yarn which creates

lighter-than-air fabrics, and is offered in a rich palette of heathered jewel-tone shades. Its high yardage produces pullovers and cardigans with as few as 3 balls. "Stardust" (\$19.50) is another new booklet which evokes the heyday of American standards and celebrates the elegance of the Big Band era. This collection features 27 knit designs in S. CHARLES COLLEZIONE's signature mix-and-match combinations, including jackets, cardigans, tunics, pullovers, tops, vests, a wrap and accessories. Cables and textured stitches, as seen in the "Connie" and "Peggy" pullovers, will be all the rage this fall and winter...



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*** FALL 2013: A PALETTE OF MANY MOODS ***

After an optimistic summer of everything from bold, primary colors to vibrant neons to delicate pastels, where will our gaze turn to on the color wheel for fall 2013? Adventure, creativity and nostalgia form a basis for themes for the upcoming season. Themes and silhouettes may go a long way in shaping fashion trends, but you cannot deny the impact of color to set the mood.

For more than 20 years, Pantone, the global authority on color, has surveyed the designers of New York Fashion Week and beyond to bring you the season's most important color trends. This report reviews the top 10 prominent hues for fall 2013. You'll find them in our window display and on our shelves, too!

From Pantone: "This season, designers express the many moods of fall with skillfully arranged collections that will enhance and enliven customer's outlooks as the colder months set in. Similarly, colors come together to create moods that range from sophisticated and structured to lively and vivid, encapsulating our inherent need for wardrobe variety to reflect emotions that run from thoughtfully introspective to irrepressively elated.

"Just as the leaves change in autumn, the consumer will enjoy the ability to change their 'look' and try a new approach to their wardrobe for brisk days ahead" said Leatrice Eiseman, executive director of the Pantone Color Institute. "The fall 2013 palette allows for that versatility and experimentation."

With the changing season, the greens from spring evolve and develop. Multifaceted color-of-the-year **Emerald** continues to sparkle and fascinate, bringing luxury and elegance to the palette, while yellow-toned **Linden Green** brings a lightness and brightness to the deeper shades of Fall. Try pairing both with **Mykonos Blue**, a bold, meditative blue, for a classic and relaxed fall look.

Exotic **Acai** adds mystery and richness to the palette, and can be incorporated with the other colors to create a number of powerful fall combinations. Pair this elegant shade of purple with Emerald for a regal disposition, or spirited **Samba** red for an expressive and dramatic look. **Koi**, a decorative orange with dazzling and shimmering qualities, is a statement color that serves as a pick-me-up for your wardrobe. **Vivacious**, an unruly and wildly deep fuchsia, adds an ebullient sensuality to the palette.

Pair Vivacious with **Deep Lichen Green**, a naturally lush shade of green, for a dynamic juxtaposition that captures both ends of the seasonal spectrum. Rounding out this season's cornerstone colors, **Turbulence**, a dark mercurial gray, and **Carafe**, a rich, glamorous brown, provide more interesting and sophisticated alternatives to the black basics usually worn in colder months. Both staple neutrals pair gracefully with more expressive colors within the palette, such as Samba, Koi and Vivacious."

*** KNITTING TIPS AND TRICKS ***

BERROCO YARN's Knitbits #510 reminds us about the importance of taking time to check your gauge. Most knitters and crocheters know that it is important to make a gauge swatch before starting a big project, but do you ever stop to double check your gauge on the actual piece? Even the most experienced stitchers may discover that his or her gauge has changed since working the original swatch. Mood, time of day, or increasing familiarity with the stitch pattern can all account for variances in gauge. More about gauge on page 7...

From Eleanor Swogger's Yarn Tasting: Knots in lace weight yarn can be tricky to un-do. Use a fine, sharp-tipped sewing needle to gently separate the knot. This works better than trying to release the knot with fingers or a repair tool.

If your last stitch is loose when binding off, here's Eleanor's solution: Work & bind off to the last stitch. Transfer that stitch to right-hand needle without working it. Pick up bar at side of last stitch on end of work, transfer last stitch back to left-hand needle & K2tog (the last stitch & the picked-up bar) and bind off. Thanks, Eleanor!

Materials

1 skein each of two colors of [HiKoo™ Kenzie](#) (50% New Zealand merino, 25% nylon, 10% angora, 10% alpaca, 5% silk noils). 160 yds / 50 g. Shown in #1004 Beetroot (MC) and #1005 Bayberry (CC).

Needles and Notions

US size 6 / 4mm 16" addi Turbo circular needle
US size 7 / 4.5mm 16" addi Turbo circular needle
or sizes needed to obtain gauge
stitch marker
tapestry needle



Tayberry Hat by
Cirilia Rose for
Skacel fiber Studio;
re-printed with
permission

Finished Measurements

21" circumference slightly stretched, 10" depth

Gauge

20 sts + 24 rows = 4" in Two-Color Star Stitch

Two-Color Star Stitch (multiple of 4 sts)

Round 1: With MC, * sl 1 WYIB, insert needle under running thread between the st just slipped and the next st and knit this thread, sl 1 WYIB, k1, pass first slipped st over the last 3 sts, k1, rep from * across.

Round 2: With MC, knit.

Round 3: With CC, k2, rep from * of Row 1 to last 2 sts, end k2.

Round 4: With CC, knit.

Rep these 4 rounds for pattern.

With smaller needle and CC, CO 104 st. Pm and join to work in the rnd, being careful not to twist. *K2, p2, rep from * to end of rnd for 2 rnds. With MC, cont as estab until ribbing meas 3.5" from CO edge. With larger needle work in Two-Color Star Stitch until hat meas 10" from CO edge, ending with Round 2. Hold both ends of needle parallel. Using MC and smaller needle, three-needle BO all sts. Weave in ends and block gently if desired.

ABBREVIATIONS

BO	bind off	pm	place marker
CC	contrast color	psso	pass slipped stitch over
CO	cast on	rep	repeat
cont	continue	rnd(s)	round(s)
estab	established	sl	slip
g	grams	st(s)	stitch(es)
k	knit	WYIB	with yarn in back
MC	main color	yds	yards
mm	millimeter	yo	yarnover
meas	measures		
p	purl		

HiKoo KeNZie Yarn & Addi Turbo knitting
needles distributed by Skacel Collection
www.skacelknitting.com

available for purchase at
Kathy's Kreations
www.kathys-kreations.com



*** COMING EVENTS ***

Join us this October for another Michelle Hunter Knit Along! We will be working on a beautiful colorwork cowl featuring four colors of our new "KeNZie" yarn introduced last month. HIKOO "KeNZie" (\$8.95, 50 grams, 160 yards, 50% New Zealand merino wool / 25% nylon / 10% angora / 10% alpaca / 5% silk noils, CYCA#4, shown upper left) may just be the perfect tweed, with yummy colors and superior softness. New Zealand merino, angora and alpaca lend softness and body, nylon lends strength and silk noils contribute delicate texture and color accents. The smooth, round 3-ply yarn knits into a cohesive fabric that blooms when wet blocked. The angora haze is just fuzzy enough to lend a cozy feel, but not so fuzzy that it will obscure stitchwork.

Our cowl can be knit in size small (four skeins will yield a cowl up to 32") or large (eight skeins, 2 each of four colors), for the season's must-have infinity scarf 60" - 68" to wear fashionably doubled. Just in time for holiday knitting! We've got all the colorways available now. Additional supplies include US size 7 and size 8 circular knitting needles and stitch markers or coil-less safety pins. This fall Knit Along begins on October 3...

*** WHERE'S KATHY???

September 6 & 7, 2013: 28th annual Knitter's Day Out; Kathy will be teaching 9 hours of classes (Exploring Cable Charts, Aran Knitting, Knotty Knits) AND have a Market booth manned by Donna Dunlap & Eleanor Swogger; details available at www.knittersdayout.org

October 11 - 13, 2013: Fort Ligonier Days; Friday, October 11, 2013, is "I Love Yarn" Day!

November 7 - 10, 2013: Pittsburgh Knit & Crochet's KNITTREAT at Bedford Springs Spa & Resort in Bedford, PA. Kathy will be teaching a very special shawl class based on Stephen West's design "Westlake", a top-down shawl featuring bands of garter stitch, stockinette, and twisted ribbing. The twisted ribbing sections zigzag diagonally to create a slightly asymmetrical triangle. For information, visit www.pghknitandcrochet.com or call 412-963-7030.

*** DESIGN A SCARF CONTEST ***

Kathy's Kreations was pleased to sponsor a "Design A Scarf" contest for knitters or crocheters at the annual Westmoreland County Agricultural Fair August 16 - 24, 2013. Congratulations to first-place winner Nancy Premoshis for her original design, "Spanish Lace", featuring openwork patterning, and made from scrumptious MADELINE TOSH yarn...

*** WHAT IS 'I LOVE YARN' DAY? ***

Whether you knit, crochet, craft or just adore fiber, October 11, 2013 is the national day to declare your LOVE for yarn; it is "I Love Yarn Day!" Knit it, crochet it, weave it, spin it, felt it, carry it, stitch it, give it or bomb it!

Patty Parrish, Executive Director of The National Needlework Association says: "Yarn is the foundation for many needlearts so this day offers the opportunity for everyone to participate by getting creative and finding ways to celebrate with others that share the passion for yarn and the needlearts." It is a great way for us to connect with each other. On Friday, October 11, 2013, simply tell us "I Love Yarn!" when you are making your purchase and receive a 10% discount on all regularly-priced yarns. Let's all have fun with this...

*** COLORWORKS WORKSHOP ***

KATHY'S KREATIONS will host "Fall Fling" knitting weekend, Friday September 27, 2013 - Sunday, September 29, 2013. We are pleased to announce that our "Colorworks" workshop with nationally-recognized instructor Michelle Hunter is sold out (a waiting list is available in the event of a cancellation). KATHY'S KREATIONS regular hours will be extended on Sunday, September 29, 2013, from 12 noon - 4 pm.

*** MY FIRST PROJECT ***

Can you name or remember your first knitting project? Kathy recently came across a Lee Wards no-copyright-noted vintage pattern from her first project, knitted "bangle lounge slippers", taught to her by her Aunt Mary. Every now and then, someone comes into the shop requesting this pattern, so we are sharing it with a new generation of knitters. They are very comfortable slippers. We hope that you will use this pattern to teach someone how to knit. Oh, yes, pompoms, bangles, and the "mod look" are all back!

SIZE: Adult Ladies' One Size Fits All (you may adapt by making more or less ridges before starting the toe)

MATERIALS: Bulky knitting yarn, approx. 125 yards (purchase more if you are adding ridges);
US size 11 knitting needles

GAUGE: 7 sts = 2"; 7 rows or 3 1/2 ridges = 1"

ABBREVIATIONS: K - knit; P - purl

INSTRUCTIONS:

Cast on 26 stitches.

Row 1: Knit.

Row 2: K8; *P1, K8; repeat from * once more.

Repeat these two rows until there are 14 ridges on the right side, ending with Row 2.

Shape toe:

Row 1: P1; *K1, P1; repeat from * across row.

Row 2: K1; *P1, K1; repeat from * across row.

Repeat these two rows 4 times more, then work row 1. Break off yarn, leaving an 8-inch end.

Pull yarn through all stitches on needle and draw up tightly. Sew to start of ribbing to form toe.

Fold cast on edge in half and seam for center back.

TRIM: Our original slippers were made with blingy girly-girl bangles, add if you wish (52 needed, add more if you have extra yarn). Divide remaining yarn in half and make a pom-pom for each slipper as follows: String 26 bangles on yarn. Wind over a 3" cardboard, sliding a bangle to each end each time you wind around. Tie securely around the middle, leaving ends of yarn on. Use these ends to sew the pompom onto the toe of the slipper.

A note on this vintage pattern about gauge worthy of passing along "All knitting is planned according to a specified stitch gauge. We have suggested the needle size with which the AVERAGE knitter will obtain the stitch gauge specified in these instructions. However, if you do not get the correct gauge with the suggested size needles, use any size needle which WILL give you the specified gauge. You must work at the stitch gauge given if you wish your finished work to be the correct size."

*** MORE ABOUT GAUGE ***

Chances are, garter stitch (knit every row, back & forth) is the first stitch pattern which you mastered when you learned to knit, just like Kathy's slippers. There are really beautiful shawls, accessories and garments that use this simple stitch (like "Garter To Go" in Knitter's K112). To knit a successful garter stitch item, it is essential to check your gauge. This will ultimately save you time by avoiding ripping out later if your piece is not the correct size.

To measure gauge, block or wash your swatch and allow to dry.

Place the swatch on a clean, flat surface, without stretching. Place your ruler or gauge check



vertically over the stitches ("bumps") and measure the number of stitches in a 4" section. That number is your stitch gauge. To measure row gauge, place your ruler horizontally over the rows and count the ridges in a 4" section. EACH RIDGE COUNTS AS 2 ROWS. That number is your row gauge. Need help calculating gauge for projects purchased here? We'll be glad to assist you...



***** CALENDAR OF EVENTS *****

Join the "First Mondays" Club for an evening of knitting, crochet and fellowship, at Panera Bread Greengate; Greensburg, PA. Next meeting dates are Monday evening **September 9, 2013** (2nd Monday because of Labor Day holiday) and **October 7, 2013; 6:30 pm - 8:30 pm**. All skill levels of knitters and crocheters welcome!

***** "KNIT KNITE" AT KATHY'S KREATIONS Tuesday evening, September 10, 2013 and October 8, 2013; 7:00 pm - 9:00 pm (rsvp) *****

Join us for an evening of stitching & lots of fun conversation. All skill levels of knitters & crocheters are welcome! In the event of nasty weather, please call ahead to make sure we are meeting...

***** FUN FRIDAYS, September 20, 2013 and October 18, 2013; 10:00 am - 2:00 pm *****

Join us for fellowship, stitching, and how-to's for projects purchased here. Please call ahead to let us know you will be coming, as space is limited. All skill levels of knitters & crocheters are welcome!

***** SATURDAY SIT-N-KNIT *****

Come sit 'n knit! We will be gathering at Kathy's Kreations on Saturday mornings **September 14, 2013 and October 19, 2013 (3rd Saturday because of Fort Ligonier Days); 10:00 am - 2:00 pm**. Join us for fellowship, stitching, and how-to's for projects purchased here. Please bring your knitting, crocheting and any projects to show and share. Open to all skill levels...

***** BUILDING BLOCKS CLASS SERIES WITH LISA CARNAHAN *****

A Left Twist is the mirror image of the Right Twist Stitch, both formed from two stitches that are knit out of order and without the use of a cable needle. However, the Left Twist is a bit more finicky to execute. Lisa will guide you through the ways to create a Left Twist. We have had such an overwhelming response to this series that we now have two groups meeting on **Saturday, September 21, 2013, at either 10 am - 12 noon, or 1:00 pm - 3:00 pm**. It's not too late to join the group. Fee is \$10 per session, purchase of yarn for project, and a one-time purchase of the "Building Blocks" booklet by Michelle Hunter.

***** "MARIN" SHAWLETTE KNITTING CLASS WITH JEANNE OSMAN*****

Several of our customers have been wowed by the beauty of Ysolda Teague's "Marin" shawlette (shown upper left). You can learn how to make this gorgeous wrap with expert knitting instruction from Jeanne Osman on Tuesday afternoon **September 24, 2013, 1:00 pm - 4:00 pm**. Registration fee is \$20 plus purchase of pattern and yarn. Class supplies include US size 5 circular knitting needle 32" length, stitch markers and a cable needle.

***** FALL KNIT ALONG *****

Our Fall Knit Along with Michelle Hunter begins in October. Our first set of mystery instructions for a colorful cowl will be posted at www.knitpurlhunter.com on Thursday, October 3, 2013, at 9 am Eastern Standard time and each Thursday morning in October. We will meet here on Fridays October 4, October 18, and October 25, 2013 from 10 am - 2 pm (rsvp please). There is no charge to attend but you must purchase project yarn at Kathy's Kreations.

Private knitting and crocheting lessons available by appointment. We would be glad to do a specific class topic for groups of 4 or more. Kathy's Kreations has been the helpful hands of experienced knitting for over 33 years !

Informal free knit-alongs will be held every Friday in September 10 am - 2 pm for WIPS (works in progress, purchased here). Crocheters welcome! May your stitching bring you joy!

KEEP KNITTING AND CROCHETING!

Kathy