

KATHY'S KREATIONS 141 East Main Street Ligonier, PA 15658 724-238-9320 SEPTEMBER 2010 UPDATE



Dear Knitters & Crocheters,

Summer may be winding down, but we're just getting started on something big. It's time to take the wraps off our bounty of colorful ideas for fall knits, with freshly-harvested new products to spark your creativity. The rich shades and textures of our latest yarns are a visual feast of the colors and foliage that surrounds the Laurel Highlands at this time of year.

First up on our harvest menu is the *Feed Your Creativity* program from KOLLAGE YARNS. Our high-fiber appetizers are the "Cabled Rib Hat and Cowl" worked in lovely "Glisten" alpaca/silk yarn and the "Cassandra Cowl" knit in luxurious angora blend "Scrumptious". Both models are in our class and events display area, and are available as individual patterns or in kits.

The main course is the much-anticipated UNIVERSAL YARNS DEBBIE MACOMBER BLOSSOM STREET COLLECTION of yarns and pattern booklets -- wait until you experience the buttery softness of "Cashmere Fleur-de-Lys"! This new line is something you can sink your needles and hooks into.

For a delicious dessert, "must-make" items for fall are cowls, scarves and all sorts of neck treatments. From the easy-to-knit BERROCO "Campus" stockinette cowl to the elegantly ruffled CLASSIC ELITE "Molly" Scarf with its clever short rows and rib, we've got plenty of ideas to keep you cozy (and don't forget gifts for friends and family). We haven't forgotten about snacks -- check out our new triangle stitch markers, fold-up market baskets and clear vinyl Kathy's totes (10% discount on all you can fit into one until October 31). Whatever you're craving, stop in for a taste of fall. Bon Appetit!

"Knit and Relax"

All regularly-priced BERROCO yarns in stock are 10% off throughout September 2010 and receive 10% off regularly-priced yarn purchases in your favorite team colors (in-stock shades only, any yarns) through September 18

Hours: 9:00 am - 5:00 pm Monday through Saturday
Kathy is usually away on Wednesday, but the shop is open
We will be closed Monday, September 6, 2010, for the Labor Day holiday

THINK THURSDAYS!

Summer hours in progress -- open 'til 7 pm Thursdays & 12 noon - 4 pm Sundays Free KNIT AND CROCHET-IN every Thursday from 5 - 7 pm -- come & stitch!

We accept Mastercard, VISA, Discover, AX
Private knitting, crochet, spinning and rug punch instructions
are available by appointment
Finishing services available
Gift certificates available

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*** GREAT NEW STUFF ***

Don't you just love September? The change in seasons, evenings spent stitching by a warming fire -- autumn is, without a doubt, a special time here in Ligonier Valley. There's nothing like that first blast of brisk morning air to give knitters a creative boost. Fall 2010 is the season of absolutely fabulous classics with a twist. But, the knitting experience is so much more than simply the click of yarn and needles, and that is where we come in. We'll help you spark your creativity with ideas, how-to help,

design experience, knowledge about fashion trends and the latest collection of fibers, patterns, and accessories, like these fine products:

NASHUA HANDKNITS continues its "Style" series with "Weekends" (\$10.95, shown upper left), featuring the cover sweater "Portland" designed by our own Kathy Zimmerman. Knit with "Creative Focus Worsted" (\$9.50,100 grams, 220 yards, 75% wool / 25% alpaca, CYCA #4), this long-sleeved sweater features a classic central Aran Diamond cable panel bordered by a Tree of Life stitch panel, ribbed textures, updated with an overlapping V-neck band. Kathy is delighted to be included in this collection perfect for fall weekend wear. Other NASHUA new booklets are "Fashion Outerwear" (\$14.95) with chunky jackets, coats, and vests; and "Isabella" (\$14.95 booklet, shop model shown lower right), a divine silk & merino blend, which just arrived in all nine beautiful shades (...

What would Miss Marple knit? The September/October 2010 issue of *Piecework* (\$6.99) is dedicated to needlework in literature, a fascinating nod to literary works containing needleart references. Jane Austen's novels are set in a world where money and how the family earns it defines their place in society, so there is a miser's coin purse to knit. From *Little House on the Prairie* comes a lace edging. Agatha Christie's Miss Marple interlinked knitting and crime detection, and Miss Marple would indeed knit a shawl. The pattern is exactly as it appeared in *Weldon's Practical Needlework Shawls in Knitting and Crochet*, published in England circa 1930. There is a firebird feather scarf to knit from Russian fairy tales, and much more...

VOGUE KNITTING Fall 2010 (\$6.99), with its theme of "London Calling" borrows traditional patterns from the past: rich Fair Isle, updated argyles, gossamer lace and modern cable patterning inspired by the ganseys of yesteryear. All shine brightly in the tried-and-trusted garments knitters love: socks, tams, gauntlets, woolen cardis and the ever-cozy pullover. There are also "must-read" articles on working with charts, choosing knitting needles, Meg Swansen on working round yoke pullovers, honoring the 100th birthday of Elizabeth Zimmermann and a visit with designer Kristin Nicholas...

INTERWEAVE CROCHET Fall 2010 (\$6.99) explores the beauty that can happen when a crochet hook and knitting needles get involved in the same project. Two scarves balance the crafts: one for knitters learning to crochet and one for crocheters with just a bit of knitting experience. Of course, there is also crochet from head to toe, from a slip-stitch crochet hat to socks that use a split crochet for a knit look and great fit. There is crochet from thick to thin, and all weights in between, plus great gift ideas...



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*** MORE GREAT NEW STUFF ***

Looking for a "weekend wear" sweater? CLASSIC ELITE YARNS booklet "Saturday Afternoon" (\$14.95) is sure to have something for you. One of Kathy's designs is included in the collection (shown right), a 3/4 length sleeve textured basket stitch cardigan knit from 100% wool. Other patterns include several basic sweaters, a Fair Isle vest, cozy alpaca socks, a lace neckwarmer and Celtic cabled dickey...



What's new in yarns? We are pleased to introduce the much-anticipated UNIVERSAL YARNS / DEBBIE MACOMBER BLOSSOM STREET COLLECTION. The first two yarns to arrive are single-ply "Gerbera Solid" (\$7.50, 50 grams, 93 yards, 100% wool, CYCA #4) and single-ply "Cashmere Fleur De Lys" (\$12.50, 50 grams, 93 yards, 90% extra fine merino, 10% cashmere, 50 grams, CYCA #4). Debbie Macomber is donating all of her proceeds from the sale of this collection to help children all over the world...

What's Your Point? That's the name of the vibrant scarf knit by Betty Lou Glasso that has been catching everyone's attention lately. The colorful chevron textured scarf was knit from just one ball of SKACEL COLLECTION / SCHOPPEL WOLLE "Crazy Zauerball" (\$21.50, 100 grams, 462 yards, 75% virgin wool / 25% polyamide, CYCA #2). The colors in this yarn are so much fun that it's hard to pick just one color. Pattern is free with purchase of the yarn to make this project...

Faux-animal trims and embellishments on collars and cuffs are very trendy for fall and winter jackets. For a shearling-look, try SCHULANA "Taiga" (\$8.95, 50 grams, 35 yards, 95% pure wool / 5% nylon, CYCA #6). This would also work well for Christmas stocking cuffs...

One of the techniques our shopgals and friends saw quite often at Stitches Midwest is entrelac. This resurgent technique features base triangles with blocks of colors worked at a diagonal slant, layer upon layer. Long-repeat yarns are very effective to create a contrast between tiers. New from SKACEL COLLECTION comes "Unisono" (\$24.50, 100 grams, 330 yards, 100% merino wool superwash, CYCA #2), used to make the Entrelac Cap pattern (\$5.50, shown lower left). This is a perfect smaller project to try out this versatile technique. "Unisono" is infused with aloe vera and jojoba to be extra kind to your hands while knitting. Also from SKACEL is the rectangular Entrelac Stole pattern (\$5.50), worked with "Mosco" (\$9.25, 50 grams, 137 yards, 67% viscose / 20% mohair / 13% nylon, CYCA #2) and "Kid-Seta" (\$15.95, 50 grams, 231 yards, 70% kid mohair / 30% silk, CYCA #2). Mohair shawls are very popular for fall...



"Fabulous For Fall" book #4105 from TRENDSETTER YARNS is here (\$12.50). This book features the impressive "Tonalita" ribbed scarf cardigan that was the hit of the TNNA Market Fashion Show in June. The right front of this elegant cardie extends into a scarf that is worn over the left shoulder. Our shop models include the granny square afghan and diagonal garter stitch scarf, both knit by Betty Lou Glasso. Brilliant new shades of "Tonalita" and "Tonalita Fusion" are here (\$9.50, 50 grams, 109 yards, 52% wool / 48% acrylic, CYCA #4)...



*** NOW ON OUR BOOKSHELVES ***

Travel the world by foot and explore cultures with international sock knitting sensation Stephanie van der Linden as your tour guide in *Around the World in Knitted Socks* (\$24.95, soft cover). Try your hand at new stitch motifs, colors, knitting techniques, and construction details, all blending regional knitting traditions with Stephanie's signature elements.

Each of the 26 original sock patterns evokes a unique cultural tradition. Patterns incorporate motifs such as Turkish kilim carpets, Japanese sashiko embroidery, Belgian lace, American quilts, and Scottish argyle tartans, or use traditional techniques such as Estonian and Latvian braids, Norwegian stranded knitting, and Austrian twisted-stitch designs. Step across France, Ireland, Spain, Italy, Armenia, Denmark, Sweden, Germany, and more with these designs inspired by ethnic national customs.

You can leave your passport at home, but make sure to pack your knitting needles. Filled with global designs and techniques, this book is the perfect armchair travel guide for knitters to add some international flair to their sock collections. Go globetrotting with gorgeous socks...

Love to knit whimsical toys? New from SKACEL COLLECTION is "Sock Yarn Balloon Tying Creations" (\$24.50). Ten pattern cards with tying instructions Instructions are included in a handy pattern pocket format. Designs including monkey, penguin, tiger, poodle, elephant, duck, crocodile, bee, bird and a flower tiara. Simply knit a tube from sock yarn with simple increases and decreases, then tie the tube into a playful animal or tiara...

Winter Drift (\$19.95, soft cover) features 15 designs for women & men using ROWAN YARNS "Drift" and "Big Wool" by the ROWAN Design Team. This booklet reflects upcoming trends for winter 2011 -- shorter sleeves, tunic / wrap styling, ethnic patterning and chunky textures...

Purelife Autumn (\$19.95, soft cover) features 17 designs using ROWAN YARNS Purelife "Renew" (recycled fibers, arriving later this fall), and British Sheep Breeds Chunky and Boucle. These are classic designs, inspired by the British countryside, rustic, timeless, and uniquely Rowan...

SKACEL COLLECTION / SCHULANA "Crealana 27 autumn - winter" (\$14.50, soft cover) features 25 of the latest high-fashion garments from German designers. If you are interested in learning more about current trends, this book has them all. There are swing-style cardigans, entrelac pullovers, short sleeves, gauntlets, cowl necklines, fur accents, lightweight mohair accessories and thick chunky knits...

LEISURE ARTS presents three pattern booklets as pattern support for the new UNIVERSAL YARNS / DEBBIE MACOMBER BLOSSOM STREET COLLECTION (\$7.95 each). Book 1 features 9 designs to knit and crochet with Gerbera Print and Solid yarns, a colorful 100% wool. Book 2 includes 11 designs to knit and crochet in Cashmere Fleur De Lys, offering the soft luxury of fine cashmere and wool in a medium weight yarn. Book 3 features delightful childrens' designs in Petals Socks and Rosebud yarns. All of Debbie's proceeds from the BLOSSOM STREET yarns and patterns will go to help children all over the world...

*** KNIT FOR THE CURE ***

As many of you know, we launched our "Knit For The Cure" collection of patterns in 2004 to benefit a variety of diseases. It has been successful in raising funds for breast, ovarian, pancreatic and lung cancers, as well as cystic fibrosis, leukemia, kidney disease and heart disease. This year we have added "Lisbeth's Scarf" for lymphoma and "Jake's Scarf" for prostate cancer, both designed by Lisbeth Brown.

We currently offer the following patterns (\$4.00 each) as part of our campaign to raise awareness about ovarian cancer and help further the search for a cure: Nora's Shawl, Elizabeth's Angels, and "Not So Lacy" Lacy Scarf. This fall, we are at it again, in association with SKACEL COLLECTION, this time with SKACEL raising funds for the Marsha Rivkin Center for Ovarian Cancer Research and KATHY'S for the NOCC (National Ovarian Cancer Coalition). When caught in its earliest stages, survival rate for this type of cancer can be as high as 90%. Regrettably, early symptoms of ovarian cancer are difficult to diagnose, are often misdiagnosed, or go undetected, which leads to 75% of all ovarian cancer patients not being diagnosed until in the advanced stages of the disease. Thus, seven in ten women die within five years of being diagnosed with ovarian cancer and the long-term, disease-free survival rate for advanced ovarian cancer is only 10%.

This needs to change, and SKACEL & KATHY'S KREATIONS would like to be part of that change. One of the best ways we feel we can help is to make women more aware of the symptoms of ovarian cancer, while also helping to subsidize research into finding an early detection test for this disease. To make that happen, we are proud to introduce the "Egg-stra Special Sock Kit" (\$30.00), with a significant portion of the proceeds being donated to the cause. The teal color of the "Trekking" yarn in this kit is the official color designated to ovarian cancer, and has been specifically dyed just for this cause. Kits include the pattern, 1 skein of specially-dyed Trekking yarn, beads, and a card outlining the symptoms of ovarian cancer. Every design aspect of this sock, from the cuff to the toe, is a reminder to us that ovarian cancer can be beaten if we, as women, unite.

*** KNITTING TIPS ***

Worried about running short of yarn for your sweater project? Lisa Carnahan of LISA KNITS suggests weighing your yarn on a kitchen or postal scale. If you know the yardage per ounce/grams, then you can project the amount you have left. For example, if you've finished the body and one sleeve, simply weigh the finished sleeve and the yarn. If the yarn weighs as much or more than the finished sleeve, you will have enough yarn to complete the second one. Remember to calculate yardage needed for the neck and any buttonbands.

Kathy's general rule is the "rule of thirds" -- generally, you will need approximately 1/3 of your yarn for the front(s), 1/3 for the back, and 1/3 for long sleeves, plus the bands. If in doubt, finish the body, neck, and bands, then work both sleeves at the same time to the same length with the yarn remaining. You can use a complimentary yarn for seaming if using mattress stitch technique.

If you do not have enough yarn in your dye lot, but can get more in another dye lot, blend the "odd" lot by using it in ribbed bands. Another trick is work three balls at the same time -- work across with ball #1, back with ball #2, across with ball #3 where voila! ball #1 is waiting. Kathy uses this technique when working with handpainted yarns to avoid stacking or pooling of colors...

*** POSITIVELY POSH: A PERFECTLY DELIGHTFUL SHOPPING EXPERIENCE ***

Positively Posh is an indoor "boutique style" fundraising shopping experience produced by the Latrobe Area Hospital Aid Society of Excela Health at the Fred Rogers Center, Saint Vincent College, Latrobe, PA on Saturday, October 23, 2010, from 10 am - 4 pm. Proceeds from this event will support new Digital Mammography equipment at Excela Latrobe Hospital. Tracey and Linda G will represent Kathy's Kreations, and we will be selling hand-knit hats/ mittens sets for children and adults, ski hats, wine bottle toppers, felted slippers, as well as a variety of other fashion items and accessories made with quality natural fibers...

*** STITCHES MIDWEST REPORT ***

Kathy, Betty Lou Glasso, Karen McCullough, Shanta Moitra and Carol Ferrence have just returned from 5 days at Stitches Midwest Conference in Schaumburg, Illinois. From cast-on to bind-off, STITCHES is a "something special" event. In addition to bonding with other knitters and taking challenging classes about Japanese Stitch patterns with Gayle Roehm, Kathy spent Friday at the Kollage booth for a cables technique demonstration on the "Line 'em Up" scarf and designer pattern signing. Kathy's classic cabled cardigan in KOLLAGE's new "Solace" yarn will be featured in the K-100 fall issue of KNITTER's magazine. One of Kathy's STITCHES highlights was being invited to attend the Fashion Show with owner Susan Moraca and marketing director Erica Owens of KOLLAGE YARNS along with fellow designers Carrie Sullivan and Sandi Rosner. Seven of Kathy's designs were featured in the Fashion Show -- what a delight to see the garments from KNITTER's and KOLLAGE YARNS come to life on the runway! Look for Kathy's KOLLAGE YARNS designs on Ravelry and Erica's tweets on Twitter...

*** ONF-ROW LACE SCARE ***

Judy Tlumac recently shared an elegant openwork scarf pattern gleaned from the Internet. Judy knit hers from BERROCO "Seduce" (on sale this month) and "made it her own" by adding fringe on one long edge and the two short ones. We liked it so much that we had to knit *two* versions, one in red "Seduce" with fringe and the other in KOLLAGE YARNS "1/2 N 1/2" milk/wool yarn. Ask to see our models and we will give you a free instruction of how to tie the KOLLAGE scarf in a fashion knot that looks great over a sweater, T-neck or business suit! Thanks to Jen Ferrence for sharing the scarf tying how-to, which also works great with a variety of our other lightweight scarves. DIMENSIONS: approx. 4.5" (Seduce) - 4.75" (1/2 N 1/2) wide X 64", after blocking MATERIALS: 175 yards fingering weight yarn (CYCA #2); US 10 (6 mm) knitting needles note: if you wish to add fringe, buy an extra 175 yards

GAUGE: not critical; approximately 5 - 5.5 sts per inch after blocking

SKILL LEVEL: Intermediate

PATTERN STITCH (multiple of 4, stitch detail shown lower left)

All Rows: K4; *yo, K2tog, K2; repeat from * across row.

ABBREVIATIONS: K - knit; K2tog - knit 2 stitches together; yo - yarn over

DIRECTIONS: Cast on 24 stitches. K 2 rows. Work in pattern stitch until piece measures approx. 64" or desired length. K 1 row. Bind off all stitches as if to knit. Weave in ends and block. Cut extra skein of yarn into 8" lengths and fringe one long edge plus the



short edges, inserting two strands of fringe in every space. Trim evenly. Judy tells us that she wrapped the fringe yarn around a 4" heavy cardboard piece, then cut one side to get the 8" lengths. DESIGN OPTIONS: Adjust the width of the scarf by casting on more or less multiples of 4 stitches, or working with a thicker/thinner yarn.

*** WHERE'S KATHY??? ***

- --- The 25th Annual Knitter's Day Out in Mechanicsburg, PA September 24 25, 2010; teaching intro to combining lace & cables; ruffle, frill & scallop edgings; and slipstitch sampler class; Donna D will be manning our booth at the Market
- --- The Pittsburgh Knit & Crochet Festival's inaugural Yarn Tasting; Saturday, October 2, 2010, 1-4 pm at the Churchill Valley Country Club in Pittsburgh, PA
- --- South Hills Knitting Guild Thursday, October 21, 2010 in Pittsburgh, PA; lace & cables combination scarf workshop
- --- Knitter's Retreat at Bedford Springs Spa and Resort November 5 7, 2010, Bedford, PA; Bedford Springs Spa Mitt, an original design by Kathy especially for this retreat workshop (for info, call 724- 963-7030 or e-mail pghknitand crochet@gmail.com)

*** YARN TASTING ***

Kathy's Kreations will be a vendor at The Pittsburgh Knit & Crochet Festival's inaugural Yarn Tasting on Saturday, October 2, 2010, at the Churchill Country Club in Pittsburgh, PA. Sample hundreds of yarns from Blue Heron Yarns, Feza Yarns and Louet North America, who will showcase their *entire* yarn, fiber and product lines -- creating a mini trade show just for area knitters! All you need to bring are your knitting needles and a crochet hook. Make swatches and test the differences among wools, bamboo, cottons, cashmere, mohair, silk, and novelties. There will be hand-dyed, variegated, solids, sport weights, lace weights, bulky, chunky roving and much more. Spinning wheels will be available to test fibers, but you may bring your own. Space is limited, so register early by calling 724-963-7030 or e-mail pghknitand crochet@gmail.com Refreshments, desserts, prizes, trunk shows and giveaways are part of this new event. Kathy's table will feature BLUE HERON and LOUET products, in addition to needles, hooks, soaps and accessories...

*** FORT LIGONIER DAYS***

Save the dates Friday through Sunday October 8, 9, 10, 2010, and stop by to help us celebrate this annual "don't-miss-it" happening! Our "Early Bird" sidewalk sale will be 9 am - 7 pm on Thursday, October 7, 2010 with savings on clearance items...

*** OUR FALL KNITTING WORKSHOP ***

Kathy Zimmerman of Kathy's Kreations and Carol Smith, formerly of Carol's Yarn Shop in Accident, MD, invite you to join us for a knitting workshop in historic Ligonier, PA on November 12, 13, and 14, 2010. This is a two-day event to be held at the Ramada Inn taught by famous knitter and designer Kathy Zimmerman. The workshop will teach "Fair Isle Knitting" and Braided Knitting techniques with a jeans purse project, "Finishing Techniques", plus a needle-felted Christmas ornament taught by Carolyn Collen-Dubuse.

The weekend package includes an after-hours pizza party and special shopping time at Kathy's Kreations (attendees receive a 10% discount on regularly-priced yarns and accessories in stock), two breakfasts, two lunches, classes Saturday and Sunday,



selected class supplies, "free time" to shop in the pretty town of Ligonier and goodie bags. The price is \$175 per person. Rooms are not included, but the Ramada Inn has set up a special rate for attendees, so please make your own reservations by calling 724-238-9545. Space is limited to only 25 people, so please e-mail us and send a check for the full amount of \$175 to Kathy's Kreations @ 141 East Main Street; Ligonier, PA 15658. For questions, please contact Carol Smith at 724-757-4858.

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*** CALENDAR OF EVENTS ***

Join the "First Mondays" Knit Club for an evening of knitting & fellowship, at Panera Bread Greengate, Greensburg, PA on the first Monday of each month (the second Monday in September because of the holiday):

Mondays, September 13, 2010, and October 4, 2010, 6:30 pm - 8:30 pm.

Come knit!

*** "KNIT KNITE" AT KATHY'S KREATIONS Tuesday evenings, September 14, 2010 and October 12, 2010; 7:00 pm - 9:00 pm (rsvp please) ***

Join Laurel Highlands Knitting Guild members for an evening of knitting & lots of fun conversation with experienced knitters. All skill levels are welcome to come, sit & knit! In the event of nasty weather, please call ahead to make sure we are meeting...

*** FUN FRIDAYS, September 17, 2010 & October 15, 2010; 10 am - 2 pm (rsvp please)***

All knitters & crocheters welcome! An instructor is available for help with your questions, skill building and how-to's for projects purchased here. Please call ahead to let us know you will be coming, as space is limited. Please bring your knitting, a snack if you wish, and a sense of humor...

*** CASSANDRA COWL Saturday September 11, 2010, 1 - 4 pm with instructor Kathy Zimmerman; \$20.00 registration plus pattern / kit

Learn to do the barrel stitch with multiple increases and decreases (K3tog tbl and making 6 stitches out of one! This technique is so much fun that you'll want to make several for gifts -- uses only one skein of luxury yarn "Scrumptious" angora & silk plus US 6 knitting needles (shown upper left)...

*** MOLLY SCARF Saturday September 18, 2010, 1- 4 pm with instructor Marilee Roney; \$20.00 registration plus pattern / yarn

How'd they do that? Learn Marilee's secrets for working the dreaded w&t (wrap & turn) to make this beautiful ruffle & rib scarf with newly introduced CLASSIC ELITE "Liberty Wool Print" (our hottest seller so far for fall projects)...

*Registration fee must be pre-paid at the time of registration to reserve a space in class. If you need to cancel, we will refund tuition up to 48 hours prior to the class. After that, we will refund half of the tuition in the form of a store credit. Unless noted, class fees do not include materials. Classes without a minimum of 4 students may be subject to cancellation or postponement, at the discretion of the instructor. Exceptions will be made for bad weather. Students may pre-register for classes by calling Kathy's Kreations at 724-238-9320 or sending e-mail to kathy@kathys-kreations.com

Private knitting, crochet, felting, Oxford rug punch, drop spindle, and spinning lessons available by appointment. Group classes in a variety of intermediate knitting skills, finishing techniques, Fair Isle, working in the round are being planned-- check with us for dates. Kathy's Kreations has been the helpful hands of experienced knitting for over 30 years!

We're a shop that feeds your creativity. We've serving up our best entrees for a fresh taste of fall stitching. What you read about in our update is only food for thought. Join us soon for a fiber feast. Prepare to be "wowed"!