

#### KATHY'S KREATIONS 141 East Main Street Ligonier, PA 15658 724-238-9320 JUNE 2010 UPDATE



Dear Knitters & Stitchers.

Summer's here and we've got it (and you) covered! Some of you are planning a "Stay-cation", a vacation spent close to home. This is a popular alternative to pricey, stressful travel and can be enormously restorative and refreshing. Some of you will be travelling to the beach or the mountains, and will need a take-along project. Whether you're on the road or in the comfort of your own home, you'll love our sensational ideas for enjoying the warm weather stitching season, which can be prime knitting time.

This summer, we're inviting you to drop in and escape to a "refresh and recharge" fiber getaway here at Kathy's. Come, sit and knit/crochet/spin or take a class -- bring a snack if you wish and spend some "me" time here with us. Fun isn't just for "Fun Fridays" any more. We've got the area's largest range of affordable luxury and everyday fibers, along with the latest project ideas. Our expert, experienced staff of teachers and designers are ready to help you discover how relaxing summer knitting & stitching can be. Did you know that June 12 - 20 is "Knitting In Public" week? Join us to help celebrate and take your knitting everywhere with you...

# "COOL OFF WITH COTTON" 10% off all regularly-priced 100% cotton yarns in stock all weights, all brands

"DOLLAR DAYS" Large selection of CLASSIC ELITE single patterns \$1.00 each "Binder book" patterns buy one, get one free

Hours: 9:00 am - 5:00 pm Monday through Saturday Kathy is usually away on Wednesday, but the shop is open

We will be open Thursday evenings June 3 and June 10, 2010, until 7 pm We will be open 12 noon - 4 pm on Sundays June 6 and June 13, 2010 Summer hours begin in July -- open til 7 pm Thursdays & 12 - 4 Sundays

We accept Mastercard, VISA, Discover, AX
Private knitting, crochet, spinning and rug punch instructions
are available by appointment
Finishing services available
Gift certificates available

Shopping at Kathy's Kreations has never been easier COME IN - CALL UP - LOG ON e-mail kathy@kathys-kreations please visit our website www.kathys-kreations.com

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#### \*\*\* GREAT NEW STUFF \*\*\*

We can't think of a hobby that is more rewarding than knitting and crocheting. The process is rhythmic, with the same movements repeated again and again -- very soothing and meditative, perfect for summer relaxation. Most of us have more than one work in progress, and stitching is a boredom buster, a creative use of time otherwise lost. And, the joy continues in the garments and items to enjoy again and again, or gifts to

proudly give to loved ones. Recharge and refresh with these new summer things...

Can you repeat that? In *KNITTER'S MAGAZINE* Summer 2010 (\$5.95), editor Rick Mondragon reminds us that "knitting is all about repeats -- rows, stitches, even motifs. A single pattern can be repeated in a different color, fiber, or stitch. You have the option of customizing your knit -- the color, the length, the details -- making it your own."

In this issue, *KNITTER'S* offers a series of great projects -- from easily done to more complicated -- all with emphasis on repeats within the project, or different approaches to a single idea. We are pleased that one of Kathy's designs is included, "Ube" (shown upper left) in one of this season's most feminine colors, a romantic orchid. About this design, *KNITTER'S* says, "Impress the most discriminating fashionista with this elegant cardigan. Thanks to the silk in the yarn, the lacy oval columns and ribs reflect light. The button closure adds a stunning accent as only a savvy knitter can." The ribbed pattern on the sleeves and sides of the body allows for easy shaping.

Lace lovers will find 3 interesting projects using the same eyelet repeat. There is also one-yarn intarsia, beading 4 ways, and one-yarn Fair Isle. Our favorite quickie project is the very stylish, very "in" knitted ascot which takes only a few yards of ribbon yarn. We love the way the model's scarf is tied. Aren't you intruiged?

New from FAIRMOUNT FIBERS comes the new booklet "Just Off the Square Rittenhouse Pattern Collection 2" (\$14.50, the latest patterns for their wonderful yarn, "Rittenhouse Merino 5 Ply". The booklet was photographed in the Rittenhouse Square district of Philadelphia, and features two of Kathy's designs. "Delancey" (shown lower right) is a striped slip-stitch basket rib jacket, perfect for a ladies' brunch outfit in shades of brick red, fall's hottest fashion color (heads up!). "Waverly" (shown upper right on page 7) is Kathy's signature-style large cable, honeycomb and ribbed T-neck pullover, ideal for weekend wear or with jeans. The other sweaters featured in this book are also timeless classics in this very wearable kettle-dyed semi-solid yarn. Kathy's tip for working with "Rittenhouse" is to alternate three skeins, working one row with each color to blend the subtle shadings. Gorgeous new shades of "Rittenhouse", and MANOS DEL URUGUAY "Silk Blend DK" are now in stock...

Summer always seems to fly by, and Steeler training camp in nearby Latrobe will be here before we know it. Check out our black and gold yarn station for the latest FIESTA YARNS hand-dyed "Baby Boom" with generous yardage (\$27.50, 4 oz., 440 yards, 90% extrafine superwash merino / 10% nylon, CYCA #2). This yarn makes wonderful fingerless mitts in LISA KNITS patterns AC014, fine gauge hats HT-023, or boomerang heel socks SK-028 (cuff down), SK-029 (toe-up), all \$4.00 per pattern. New shades of FIESTA "Baby Boom", "La Boheme" and "Ballet" are also here...



#### \*\*\* MORE GREAT NEW STUFF \*\*\*

We understand there is a baby "boom-let" going on (seriously, that's what it is being called). The newest pattern from LISA KNITS is SW-045 "Bless This Baby", a christening gown with matching bonnet. A delicate picot edging and an elegant lace border frames the stockinette gown, knit in sport weight yarn and sized from newborn to 12 months. A perfect heirloom for your blessed event, one to pass on for future generations...



Kathy's Kreations began our "Knit For The Cure" program in 2004. Since then, the collection has grown to over 30 patterns, including scarves, shawls, shoulder huggers and hats. The profits from the sale of each \$4.00 pattern are donated to the specific cause/charity designated by each designer. We are pleased to announce two new additions to our KNIT FOR THE CURE pattern collection. Lisbeth Brown, a lymphoma survivor, has designed "Lisbeth's Scarf" (stitch detail shown lower right page 6) in honor of those who supported her, and "Jake's Scarf" (stitch detail shown lower left) in honor of her brother, Jake Faller. "Lisbeth's Scarf", in its "cause" color lime worked in MANOS DEL URUGUAY "Silk Blend DK", features a garter stitch pattern with eyelet details. Proceeds will be donated to The Lymphoma Research Foundation. Lisbeth designed and knit "Jake's Scarf" in a textured pattern and NASHUA HANDKNITS "Julia" yarn in light blue. Proceeds will be donated to the Prostate Cancer Foundation. "Jake's Scarf" is the first scarf pattern in our collection specifically for men, and it joins the "Climbing Cables" men's chemo hat designed last year by Lisa Carnahan. Thank you, Lisbeth!

New from KNITTING AT KNOON is "Safari Friends" (\$10.50), a collection of huggable tote-able, adorable stuffed friends just the right size for your favorite tot. Pattern include all four animals (each with his Swahili name): Tembo (elephant), Simba, (lion), Punda milia (zebra), and Twiga (giraffe), to make in natural or whimsical colors of worsted weight yarns. Safari friends range in height from 8" to 10". This pattern joins "Prehistoric Pals" (\$10.50), whimsical little dinosaurs, just the right size for little hands to hug...

It's travel season! Whether you are packing for the shore, or just toting a take-along to a baseball game, take your knitting and crochet in style. We've got gorgeous tote bags from LANTERN MOON and DELLA Q (price range varies with size & fabric), plus our own zippered clear vinyl KATHY'S KREATIONS TOTE with our logo (\$14.95). CIRCULAR SOLUTION "Porta-Pocket" (\$16.95, denim or red canvas) is ideal for our most popular customer take-along projects, socks. These bags have a elastic wrist band, inner compartment for yarn and outer pockets for needles and pattern. Keep your dpns bundled together with CLOVER coil needle holders (\$6.50, available in small or large). "Stretchy Needle Keepers" (\$5.50) and "Stitchkeepers by Rollie" (\$7.50) also work very well for keeping dpns in one place and can be used on your work in progress. "Highlighter Tape" (\$2.95) is a removable alternative to permanent highlighter pens,



and will help you keep your place on your pattern. This handy tape also works on books, magazine, recipe cards, phone books, and any document. "Knit Kit" (\$20.95) is a must-have -- kit includes a tape measure, stitch counter, thread cutter, scissors, crochet hook, stitch markers, and point protectors all in one compact device...

© Copyright 2010 Lisbeth Brown; Jake's Scarf detail

#### \*\*\* NOW ON OUR BOOKSHELVES \*\*\*

Now you can cable with confidence! A must-have resource for every knitter, *Power Cables* (\$24.95, softcover, stitch detail shown left) presents Lily Chin's expertise, signature techniques, and designs for that fundamental knitting technique, the cable. With *Power Cables*, you'll learn to envision the basic structure of cables and even design your own cables for stunning knitted pieces.

You'll discover Lily's innovative reversible cables, a revolutionary new method for charting cables, how to add texture and color, as well as combine techniques for unique new looks. *Power Cables* will delight knitters of all levels. From basic twisted stitches to complex and imaginative patterns, this guide offers everything you need to know to master the finer points of knitting cables...

With hundreds of entries from seven countries competing for \$21,000 in prizes, KNITTER's MAGAZINE / XRX's *Think Outside the Sox* contest became an unprecedented talent search and a source of major excitement and stellar design. Finally, 60 winning designs became a book (\$24.95, softcover), featuring the best of the best, including the \$6,000 Grand Prize pair. Sock knitters will love the innovative constructions, updates on traditional techniques and just plain beautiful socks. Discover the possibilities -- socks make great take-along portable summer projects. One little gem in this book is the table adapting patterns to your preference for double-pointed, two circular needles or the Magic Loop methods...

In Cotton Knits for All Seasons (\$24.95, hardcover), best-selling knitwear designer Debbie Bliss presents a stunning collection of garments and accessories all knitted in one of her favorite yarns -- cotton, which happens to be on sale this month. Smooth and comfortable, beautifully versatile, cotton is a perfect all-season yarn, producing airy summer garments or, in an Aran or double knitting weight, cozy sweaters and jackets. Among the clothes and accessories are exquisite designs for babies and toddlers, and striking adult garments, some of which are accompanied by original scarves and bags. For more experienced knitters, there are cabled and colorwork projects, while for novices, there are simpler designs to build skills...

Many of us choose simpler portable projects for summer knitting, and one of our favorite resources is *One More Skein* (\$19.95, softcover) by Leigh Radford. Whether you are stash busting, looking for a way to use one or two skeins of an irresistible yarn, or just a quick gift, this beautiful collection features 30 unique projects that require only a small amount of yarn and a little bit of time, but deliver lots of style and satisfaction. Among them are an earflap hat sized for the family, fingerless gloves, baby garments, jewelry, and a multi-colored blanket worked from assorted yarns...

In a world spent rushing from one place to the next, summer is a time for slowing down the pace. Think about the little windows of opportunitites that occur for knitting throughout the day. The VOGUE KNITTING "On The Go: series (\$12.95 each) provides perfect little projects to experiment with new stitch patterns and color combinations, and to indulge in the wonder of luxurious yarns without breaking the bank. The simple satisfaction of creating something of style and substance with your own two hands is sure to inspire. Titles range, from socks, shawls, baby items, knits for pets, weekend knits, toddlers, babies, and much more...

#### \*\*\* KAREN'S LOOPY HAT \*\*\*

Thanks to Karen McCullough for sharing this pattern. Karen is the Caps For Kids Co-Chair for the Laurel Highlands Knitting Guild in Ligonier, and knits many hats each year for charity. This one was requested by several knitters. If you would like to participate in this program which distributes hats and other cold weather items to



needy area children, you may drop off your items here at Kathy's Kreations (new knit, crochet or purchased items accepted).

FINISHED SIZE: to fit a child's medium, approx. 17.5" head circumference

MATERIALS: worsted weight yarn, approx. 125 yards; 16" circular knitting needle in US size 7; double-pointed knitting needles (dpns) US size 7; one stitch marker; tapestry needle for finishing

GAUGE: 5 sts / 7 rounds = 1" with circular needle in pattern stitch, slightly stretched PATTERN STITCH (any number of stitches, worked circularly)

Rounds 1 - 5: K.

Round 6 - 10: P.

Repeat rounds 1 - 10 for pattern.

DIRECTIONS:

With circular needle, cast on 80 sts. Join, being careful not to twist stitches.

Work in K2, P2 ribbing for 1", inc 8 stitches evenly spaced on the last round: 88 sts. Work in pattern stitch until piece measures approximately 6" from cast-on when slightly stretched, end with pattern round 5 or 10.

Shape crown (change to dpns when necessary):

Round 1: \*K9, K2tog (knit two sts together); rep from \* around: 80 sts.

Rounds 2, 4 & 6: K.

Round 3: \*K8, K2tog: rep from \* around: 72 sts.

Round 5: \*K7, K2tog; rep from \* around: 64 sts.

Round 7: \*K6, K2tog; rep from \* around: 56 sts.

Round 8: \*K5, K2tog; rep from \* around: 48 sts.

Round 9: \*K4, K2tog; rep from \* around: 40 sts.

Round 10: \*K3, K2tog; rep from \* around: 32 sts.

Round 11: \*K2, K2tog; rep from \* around: 24 sts.

Round 12: \*K1, K2tog; rep from \* around: 16 sts.

Round 13: \*K2tog; rep from \* around: 8 sts.

Round 14: \*K2tog; rep from \* around: 4 sts.

Cont with dpns, \*work a 4-st I cord (see below) for 2.5"; form into a loop and reconnect to base of I-cord. Repeat from \* three times or for desired number of loops. Break off and secure with tapestry needle, wrap base of loops to make them stand up.

Abbreviations: K-knit; K2tog - knit two stitches together; P - purl; st(s) - stitch(es); inc - increase; rep - repeat

Variations: use up stash by changing colors every 5 rounds on body of hat; work in self-striping or variegated yarn for interesting effects. To make the hat larger, use a slightly heavier yarn and larger needles. For a baby size, use DK weight yarn and smaller needles.

How to make an I-cord: An I-cord (idiot cord) is a tiny tube of stockinette stitch made with 2 dpns. \*Slide the 4 remaining sts at the top of the hatto the opposite end of the dpn. Knit, do not turn work. Rep from \* until cord is the desired length.

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#### \*\*\* KNIT IN NUMBERS \*\*\*

We were inspired to extend our "come, sit, knit" invitation by one of our customers, Natalie, who needed a break from some noisy home renovations, and by the following article which appeared in the May-June 2010 issue of The Country Register. It was written by Sharon Greve, and Sharon generously granted us permission to re-print her column, *The Dropped Stitch* entitled "Knit In Numbers":

"Why knit alone when you can knit with friends, old and new, who share your passion? Why, even the most tedious knitting seems to go faster. The benefits extend beyond compnaionship. Stress and personal problems are set aside for friendship, laughter, understanding, and learning. Classrooms of children knit in numbers with a hands-on, child-centered philosophy -- to improve eye-hand coordination, math, and social skills. Bags bulging with yarn and needles are a common sight among movietelevision celebrities and support crews as well as business personnel as they knit in numbers on work breaks.

Women have always rallied together to knit in numbers. First Lady Martha Washington knitted almost constantly. Encamped at Valley Forge during the Revolutionary War, she organized circles of women to knit socks and caps and to make bandages for the troops. In 1917, the Red Cross requested donations for wartorn Europe and received 1.5 million knitted mufflers, sweaters, socks, and wristlets from American knitters who once again organized circles and guilds to rally to the cause. During the Depression, women gathered to knit in numbers to forget their troubles while creating garments for loved ones. Today, American knitters are knitting in numbers to fill needed military requests as well as numerous charity projects while enjoying a social group.

Guilds. Knitting in numbers is centuries old. From the earliest medieval days, guilds united knitters to keep the art alive. Today, they offer numerous benefits for beginning and advanced knitters. The exchange of knowledge through guild-sponsored workshops, assistance, and demonstrations of various techniques, new and old, are invaluable. If a guild can't be located in your area, contact the Knitting Guild of America, which was organized to promote knitting through communication and education... [Kathy adds: the Laurel Highland Knitting Guild TKGA affiliate meets in the Ligonier Town Hall Meeting Room A on the 4th Thursday of the month 7-9 pm, January through October, and at Kathy's Kreations on the 2nd Tuesday of every month 7-9 pm for "Knit Knite"]

Cyberspace. The internet offers a multitude of knitting social networking options. Many online communities offer forums, groups, blogs, patterns, and cross-referencing of yarns and patterns. Many who meet in cyberspace are able to form groups who meet regularly within a city or region of the world. [Kathy adds: check out Ravelry groups "We Love Kathy's" and the "Kathy Zimmerman Group"] Neighborhood groups are informal, resembling the old quilting bees for knitters of all ages. [Kathy adds: the "First Mondays" group meets at Panera Bread 6:30 - 8:30 pm every month].

Other. Local yarn shops offer knitting opportunities through classes or free knit hours... Whether knitting for a cause or for your own pleasure, select a "numbers' group that fits your time and needs.

Through numbers, today's knitters continue to develop and preserve the art of knitting to pass to future generations. Knit in Numbers -- for Knit Sake!

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#### \*\*\* TREND SPOTTING WITH INTERWEAVE KNITS \*\*\*

Environmentally and socially conscious yarns are coming into their own. Make the most of natural textures that emphasize the elemental beauty of wool, silk, and cotton. Summer 2010 knitting is all about straightforward stitches, and unfussy, functional details. Let the intrinsic beauty of both material and technique shine.

This season sees lace and other heirloom techniques re-interpreted and re-invented. There are laceweight cut-away panels, layered effects and tissue-thin layers that manipulate stitch and yarn in unexpected, creative ways. Knits feel comfortable and broken in from their first day -- simple scarves & ascots, pieces with ruched or gathered areas, slouchy accessories, elongated shapes.

Bring ethnic traditions to the forefront with wrapped, layered pieces that serve as a canvas for traditional surface design -- embroidered embellishments, traditional regional knitting used in unusual ways, combined folkloric influences.

#### \*\*\* A REMINDER INSPIRED BY BERROCO YARNS \*\*\*

Many knitters and crocheters remember learning the craft during childhood. Seven or eight seems to be the age that most people learn, sometimes younger depending on the child and their attention span. If you have a young person in your life, we'd like to encourage you to get them interested in needlework this summer. We recommend bamboo needles for new knitters as they are lightweight and have a bit of "grab" to keep stitches from sliding. Regarding fiber, it helps if the newbie chooses their own yarn. As long as it is relatively smooth and manageable, they are more likely to feel connected to their project if they work with a color and yarn they love...

#### \*\*\* KNITTING FOR BABY TIP \*\*\*

Knitted baby jackets make wonderful heirloom quality gifts. If you don't know if you are knitting for a boy or a girl, make buttonholes on both bands. Sew the buttons on the appropriate side when the baby arrives. Move the buttons from one band to the other for another child, no matter the gender...

#### \*\*\* WORKSHOP ANNOUNCEMENT \*\*\*

Kathy's Kreations Workshop at the Ramada Inn in historic Ligonier will be held November 13 - 14, 2010. This is a 2-day class package workshop with Kathy teaching Fair Isle knitting and braided knitting techniques with a "jeans purse" project, finishing techniques plus a needle-felted holiday bird ornament by guest teacher Carolyn Collen-Dubois. A fun weekend is planned with an "after hours" pizza party on Friday evening, and built-in "free time" for Christmas shopping in Ligonier. Carol Smith, formerly of Carol's Yarn Shop in Accident, MD, will help co-ordinate the event. More details will be coming soon-- you may request to be notified when registration opens by calling Kathy's Kreations (724) 238-9320 or e-mailing kathyknits@earthlink.net with the words "knitting workshop" in the subject line...

#### \*\*\* COUNTY FAIR SCARF CONTEST \*\*\*

Kathy's Kreations will once again be sponsoring a "Design-A-Scarf" contest for the Westmoreland County Fair in August 2010. It's time to get started on your ideas -- entries must be an original design knitted or crocheted with KOLLAGE YARNS. Pattern design and yarn labels must be submitted with completed scarves. Prizes include gift certificates from Kathy's Kreations: 1st place \$40; 2nd place \$30; 3rd place \$20.



#### \*\*\* CALENDAR OF EVENTS \*\*\*

Join the "First Mondays" Knit Club for an evening of knitting & fellowship, at Panera Bread Greengate, Greensburg, PA on the first Monday of each month (the second Monday in July because of the holiday): **Monday, July** 

12, 2010, and August 2, 20106:30 pm - 8:30 pm. Come knit with us!

## \*\*\* "KNIT KNITE" AT KATHY'S KREATIONS Tuesday evenings, June 8, 2010, and July 13, 2010, 7:00 pm - 9:00 pm (rsvp please) \*\*\*

Join Laurel Highlands Knitting Guild members for an evening of knitting & lots of fun conversation with experienced knitters. All skill levels are welcome to come, sit & knit! In the event of nasty weather, please call ahead to make sure we are meeting...

#### \*\*\* FUN FRIDAYS, June 18, 2010 and July 16, 2010; 10 am - 2 pm (rsvp please) \*\*\*

All knitters & crocheters welcome! An instructor is available for help with your questions, skill building and how-to's for projects purchased here. Please call ahead to let us know you will be coming, as space is limited. Please bring your knitting, a snack if you wish, and a sense of humor...

# \*\*\* BABY SURPRISE JACKET Saturday, June 26, 2010, 1 pm - 4 pm with instructor Nancy Premoshis; \$20.00 registration fee\*

Elizabeth Zimmermann designed this clever baby sweater in 1968 and it is a veritable classic. Sew up two seams for the nicest little garter-stitch baby sweater, reversible with no seams. Check out our sample garment in the special events display. Student class supplies include 400 yards sport or worsted weight (sport for baby, worsted for toddler), and corresponding needles.

# \*\*\* KNIT TO FIT Saturday, July 10, 2010, 1 pm - 4 pm with instructor Kathy Zimmerman; \$20.00 registration fee\*

Not sure how to adapt that beautiful sweater pattern you love to fit *your* body? Kathy's shares professional designer tips for getting a custom fit worthy of all your time and effort! Please bring an item that fits you the way you like and we'll help you select and adapt a garment project to get a flattering fit!

### \*\*\* KNITTING FROM STITCH PATTERN CHARTS Saturday July 24, 2010, 1 pm - 4 pm with instructor Kathy Zimmerman; \$20.00 registration fee

Stitch pattern charts can be intimidating if you've never worked one. Our stitchmaster Kathy will demystify symbols and charts once and for all! Class project is the beautiful lace FIESTA YARNS Ballet Scarf now on display. Class supplies include 250 yards DK weight yarn and US size 6 knitting needle (available for purchase prior to class).

\*Registration fee must be pre-paid at the time of registration to reserve a space in class. If you need to cancel, we will refund tuition up to 48 hours prior to the class. After that, we will refund half of the tuition in the form of a store credit. Unless noted, class fees do not include materials. Classes without a minimum of 4 students may be subject to cancellation or postponement, at the discretion of the instructor. Exceptions will be made for bad weather. Students may preregister for classes by calling Kathy's Kreations at 724-238-9320 or sending e-mail to kathy@kathys-kreations.com

Private knitting, crochet, felting, Oxford rug punch, drop spindle, and spinning lessons available by appointment. Group classes in a variety of intermediate knitting skills, finishing techniques, socks, problem solving help and beginner spinning are now forming -- check with us for dates. Kathy's Kreations has been the helpful hands of experienced knitting for 30 years!

More than a season, summer is a state of mind. It is all about being casual and relaxed. Embrace that outlook by knitting, crocheting, or stitching something fun.

KEEP KNITTING!

Kathy

# MONDAY SATURDAY **BUSINESS HOURS** 9 am - 5 pm

Open Thursday evening, June 10, 2010 Open Sunday, June 13, 2010, 12 noon - 4 pm until 7 pm

beginning July 1, 2010 - join us to knit! Open every Sunday 12 noon- 4 pm Open every Thursday til 7 pm beginning July 11, 2010