

Friendly Reminder: By order of the Governor of the Commonwealth of Pennsylvania, a face mask covering the nose and mouth is required to enter any business. Please use our hand sanitizer before shopping or touching merchandise.



KATHY'S KREATIONS  
141 East Main Street  
Ligonier, PA 15658  
724-238-9320  
AUGUST 2020 UPDATE



Dear Stitchers,

Discover the lighter side of knitting and crocheting! Warm weather garments in summery fibers like cotton, silk, and linen will keep you looking and feeling cool. These fibers also showcase the beauty of airy lace and lend themselves perfectly to gorgeous tops, terrific tees, and stunning shawls.

The wonderful thing about knitted or crocheted lace is, that in spite of its apparent complexity, it follows a rhythmic logic. As intricate as it may appear, lace is simply a fabric punctuated with "holes on purpose" that can be arranged in a variety of ways to create patterns that range from basic to complex.

There's something so soothing about hand knitting or crocheting lace. Lace patterns are fun to make -- engaging, sometimes intricate -- and a delight to wear. This makes them an ideal project for summertime take along projects whether traveling cross-town or simply to the back yard. What better use is there for that gorgeous plant fiber yarn that you've discovered in our shop that must go home with you? Find joy into the ever-widening world of warm weather knitting...

**It's "Cool Off With Cotton" Month!**  
10% off all purchases of all regularly-priced  
100% cotton yarns in stock (all weights)  
throughout August 2020

STORE HOURS -- WE ARE OPEN!  
10:00 am - 4:00 pm Monday through Saturday  
open 12 noon - 4:00 pm, Sundays, August 2, 2020 and August 9, 2020  
otherwise closed Sundays

Please call us at 724-238-9320 for mail orders or curbside pick-up availability

**EXTENDED SUMMER HOURS PLANNED DURING LIGONIER NIGHT MARKET EVENINGS**

We accept Mastercard, VISA, Discover, AX, Apple Pay & Google Pay  
Private knitting and crocheting lessons  
Instructions are available by appointment  
Finishing services & gift certificates available  
Mail orders available -- no order too small!  
Shopping at Kathy's Kreations has never been easier  
COME IN - CALL UP - LOG ON  
Like us, follow us and share us on Facebook  
(Kathy's Kreations; Ligonier, PA)  
"We Love Kathy's" on Ravelry  
#kathyknitz on Instagram

Find us at our Ligonier Valley Chamber of Commerce Member Page



e-mail [kathyknitz@gmail.com](mailto:kathyknitz@gmail.com)  
please visit our website <http://www.kathys-kreations.com>





\*\*\*GREAT NEW STUFF \*\*\*

Summer is moving right along. We wanted to lift your spirits with our latest collection of yarns and accessories. We've got irresistible yarns in mood-boosting shades along with must-have project ideas you'll enjoy making now and then wearing later this fall. Hopefully, an exciting smile-worthy new project to knit or crochet will make your day brighter. We appreciate your continued loyalty during these extraordinary times...

Summer is all about laid-back knitting. *Marlow*, designed by Amy Christoffers, is a "throw on whenever" kind of poncho (shown upper left, Ravelry Pro download \$6.00). Knit in garter stitch on the bias with fully-fashioned neck shaping, it is worked in BERROCO's beautiful self-striping tweed "Sesame" (\$16.95, 100 grams, 230 yards, 43% wool / 39% acrylic / 9% cotton / 9% nylon, CYCA #4). You'll want to wear this both out shopping around town and at home as cooler weather is sure to be approaching. Be prepared!

A reminder from CHURCHMOUSE CLASSICS: "Scarves aren't just for chilly weather -- they're a great accessory all year long! A lightweight little scarf in an airy plant fiber is perfect for sunny days and summer breezes. Plus, it's such a fun way to complete your outfit." Our summer and trans-seasonal faves are:

- *Pinking Shears Scarf* (\$6.50): A fun little zigzag detail at the edges gives this basic garter stitch a fresh finish. The shallow triangle is worked "both ends against the middle" and grafted for perfectly mirrored halves. Choose a fine-gauge wool or cool linen like our FIBRA NATURA "Flax" (\$7.50, 50 grams, 137 yards, 100% linen, CYCA #3).
- *Pretty Perfect Square* (\$8.50): This simple, lightweight knit square mimics the shape and scale of a classic silk scarf. I-cord edgings and bind-off details create the look of a hand-rolled hem. This pattern is more of a recipe really, with details given for three variations and tips on how to create your own.
- *Tea Leaf Lace Scarf & Shawl* (\$8.50): Encouraging for new lace knitters and relaxing for seasoned lace knitters, this stitch pattern is fairly simple and the clues in the knitting quite easy to read. This simple rectangle can be styled so many ways. Wear the shawl around your shoulders or as a lavish scarf; wear the scarf long or wrapped for extra coziness.

Some of our favorite hand-dyed gems come from EMMA'S YARNS. If you don't know the back story, Emma became interested in hand-dyeing as a result of her Mom's local yarn shop. Legend has it that she dyed her first batch for a science project at school, and was so enthralled that she and her sister, Aspen, began an indie dyer business with Emma doing the dyeing and Aspen the customer contact. Mom Laura Dobratz designs beautiful pattern support for EMMA'S YARN. Our recent update is that Emma has graduated high school. She will continue her yarn-dyeing endeavors (yay!) while also attending cosmetology school to pursue a passion of hair design. We are so proud of her and know that she will have continued success in her future endeavors.

EMMA has dyed a special limited time colorway called "Student Loans" to celebrate her graduating high school and excitement to start a new chapter. All proceeds from this colorway will go to help her pay for cosmetology school (she will be attending Paul Mitchell). Each skein will come with a LOVE AND LECHE "Anywhere Balm" in the most popular lavender mint scent. We anticipate that our order of "Practically Perfect Sock" with hand balm (\$30.95/combo, 100 grams, 400 yards, 80% superwash merino / 20% nylon, CYCA #2, shown at right) will arrive in late August. We are taking pre-orders...



\*\*\* MORE GREAT NEW STUFF \*\*\*

Whenever you feel like knitting something mindless, for gifting or for yourself, this little shawl is just what you'll need. We love that JOJI LOCATELLI chose the black and gold colors of our 'burgh for her latest shawl design, *Age of Gold* (\$5.00, Ravelry Pro download, shown upper right). An easy plain garter stitch body will be your companion for traveling, long nights of TV knitting or lazy afternoons out on the deck. The fun part comes at the end, with a gorgeous elaborate lace border in a contrasting color. Ask to see RIVER RAT's stunning combos for this project during our "ten best days of summer" celebration...



© Joji Locatelli

Looking for fast and easy Projects? These are free with the purchase of our URTH YARNS "Uneek Cotton":

- *Easy Crochette Shawlette*, designed by Molly Conrow-Ungerecht, uses one skein of stunning URTH YARNS "Uneek Cotton". Unleash festive stripes of color magically with an easy to master double crochet stitch! No two shawlettes exactly alike...
- *Easy Scarf*, designed by Diane L. Augustin, is incredibly easy to knit and is a good project for knitters of all levels, especially beginners. It's all garter stitch, which means you knit every row, no purling at all! The asymmetrical shaping is a result of an increase at the beginning of the row and a decrease at the end of the row. There is an additional increase on the following row, but only two rows involved. This pattern looks particularly amazing in this self-striping cotton for warm weather knitting and wearing...

It's time to knit cover-ups! Important trends in shawl knitting for summer 2020 are rectangular shawls and wraps using three or four skeins of co-ordinating hand-dyed yarns:

- Inspired by the North Carolina coast and the gorgeous beach of the same name, *Carolina Beach* (free with purchase of yarn to make this project) from Caroline Hegwer is a minimalist poncho in three skeins of fingering weight yarn. The stitch pattern and the loose gauge create a flowy garment you can just throw over a tank top. The knitting is simple and effortless. For many of us who couldn't go to the beach in person this summer, this shawl will have us daydreaming of our next trip down the shore (and ready for it)...
- *Festival of Stitches* (US \$6.00, Ravelry Pro download) by Lisa Hannes is a fun and playful project that will keep you engaged from start to finish! The three different sections make it addictive and knit up quickly. The finished item will add a wonderful highlight to your daily wardrobe with a shape that is versatile and easy to wear. There's lots of fun colorwork, but only easy slipped stitches, mosaic or color blocking making it suitable for a variety of skill levels. There are also some cables, eyelets, stripes, but no super complicated techniques. Each section contains fully written instructions and charts, so you can choose which you prefer. Every section is also completely adjustable to your liking or the yarn/yardage you have available.
- *Dreaming in a Field of Wildflowers* (US \$6.00, Ravelry Pro download), also by Lisa Hannes, is a fascinating interplay of color fades, garter stripes, and lace that creates a large, cozy wrap. Worked from the center out with a fun bias, this eye-catching pattern is written in both text and charted form...



© Dream In Color

Our latest DREAM IN COLOR "Smoochy Cashmere" four-skein sets (\$145.00 per kit) are perfect for these four-skein shawls of summer. Shown at left are gemstone-inspired combos, shown clockwise starting at top left: Jade (coral/green), Rhodonite (rose/sand), Azurite (aqua/pink), and sapphire (blue,/grey). These shades were specifically dyed for *The Sharon Show* mystery knit-along (see page 4)...



\*\*\* AUGUST 2020 KNIT-ALONG (KAL) \*\*\*

*The Sharon Show* is a mystery knit along (MKAL) that is the latest shawl designed by Casapinka, with a cat theme honoring her pet, Sharon from Security. This MKAL begins Friday, August 7, 2020, and continues for 6 weeks, with one clue per week. Two skill levels are offered: absolute beginning shawl knitter, and a more typical Casapinka pattern that is advanced beginner. The rectangular shawl project requires 4 skeins of fingering weight yarn, likely 325-350 yards each. Please take care to use tonal or semi-solid yarns rather than variegated or blending speckles. As always, Casapinka's knit-alongs are always going to "be silly, a bit random, and hopefully humorous". Shown on page 3 lower left are kit combos from DREAM IN COLOR in "Smoochy Cashmere" for this project. We have other colorful combos from RIVER RAT YARNS, EMMA'S YARN, and MEADOWCROFT DYEWORKS

We are once again holding Friday knit alongs in the shop with LIMITED RSVP OCCUPANCY, asking you to please mask up correctly (face covering over mouth and nose), practice social distancing and use hand sanitizer (provided). If you are unable to join us in person, we invite you to follow us on the Ravelry August 2020 shop thread at "We Love Kathy's" and like/follow us on Facebook at Kathy's Kreations Ligonier, PA...

\*\*\* PENNSYLVANIA ROAD TRIP MYSTERY SHAWL KNIT-ALONG CONTINUES \*\*\*

Enjoy that great American tradition -- let's road trip! Your "tour guides" are Cynthia Spencer of REALLY CLEAR DESIGNS / STITCH YOUR ART OUT and her techy friend Valerie Reed who have designed an exciting shawl that you can combine with retail therapy by visiting local yarn shops as health safety concerns permit! They have decided to take inspiration from the things they have seen and experienced while living and traveling in their home state of Pennsylvania to make a stunning shawl with a variety of stitch patterns. Every stitch pattern they've included is inspired by a shape or pattern or color they've seen in the beauty that surrounds us all.

The Road Trip KAL runs through the end of August. So far, we have virtually "armchair visited" several PA locales, with recent legs of our journey inspired by: leg #5 either Scranton, PA (trains) or Delaware Gap National Recreation Area (waterfalls), and leg #6 Doylestown (Fonthiel Castle) or Lehigh Valley (covered bridges). Did you know Pennsylvania has the most covered bridges of any state, with over 200?

\*\*\* UPCOMING CLASSES (please call 724-238-9320 to register for all classes) \*\*\*

**PLEASE NOTE: CLASS IS SCHEDULED TENTATIVELY AND WILL BE DEPENDENT ON HEALTH SAFETY CONCERNS AS RECOMMENDED BY THE COMMONWEALTH OF PA DEPT OF HEALTH**

Our continuing knitting class series based on books by Michelle Hunter and taught by instructor Karen McCullough continue. Take your knitting to the next level with new skills. *Building With Lace* is scheduled for **Tuesday, August 11, 2020; 9:30 am - 12:30 pm** and focuses on *Applied Borders*. The beaded sawtooth border is the crowning glory to our heirloom shawl project. The weight of the beads also helps to stabilize the ends while adding a touch of glamour. Class registration is \$20.00 for the class plus purchase of book and yarn from Kathy's Kreations.

AND, improve your knitting skills one square at a time with *Building Blocks*, designed to help knitters navigate through major knitting techniques and principles. The recommended yarn is HiKOO "Simpliworsted", a lovely blend of superwash merino and premium acrylic/nylon that is very soft and durable. We continue the lessons by learning *SSK*, a left-leaning decrease that closely mirrors a K2 tog (knit 2 together). The class is scheduled for **Tuesday, August 11, 2020, from 1:00 pm - 3:00 pm**. Registration fee is \$15.00 plus purchase of book and yarn from Kathy's Kreations...

\*\*\* FOUR BY FOUR RIB LONG SCARF \*\*\*

It's not too soon to start knitting or crocheting items for holiday gift giving (we give you permission to begin). Here is an easy knitted scarf designed by Kathy, suitable for all skill levels, in bulky weight yarn.

DIMENSIONS: 5" slightly stretched X 72" long

GAUGE: 7.5 sts / 5.5 rows = 1" unstretched

MATERIALS: BERROCO "Vintage Chunky" (3.5 oz., 100 grams, 136 yards, 52% acrylic/40% wool/8% nylon, CYCA #5), 3 skeins; US size 10 knitting needles, tapestry needle for finishing

FOUR BY FOUR RIB PATTERN STITCH (detail shown upper right)

Row 1 (right side): With yarn in back, slip 1 purlwise; \*Knit 4, purl 4; repeat from \* to last 5 stitches, end knit 5.

Row 2: With yarn at back, slip 1 purlwise; \*Purl 4, knit 4; repeat from \* to last 5 stitches, purl 5.

Repeat rows 1 & 2 for pattern.

DIRECTIONS: Cast on 38 stitches. Work in pattern stitch until scarf measures 72" or desired length. Bind off in pattern. Weave in ends.

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© Kathy Zimmerman

\*\*\* TWO-COLOR I-CORD TIP \*\*\*

To change colors when working an I-cord: knit across in new color, then tie two overhand knots in the tails. Flip the tails up towards the needle, and work I-cord around the ends. To do this, just make sure the working yarn comes behind the ends when you begin a new row. When you're finished with the cord, snip the ends off and let them disappear inside -- two fewer ends to weave in!

\*\*\* OTHER KNITTERLY USES FOR HOUSEHOLD ITEMS \*\*\*

Recently, our customer Linda shared her tip about using a clean salad spinner to spin out her shawls after soaking them to block or clean. She tells us that it works like a charm to remove excess water. Kathy Z wraps her soaked shawl in several beach towels then gives it time in an insulated beverage cooler for a short period before laying out flat to dry...

\*\*\* CELLULOSE (PLANT) FIBERS \*\*\*

As compared to animal fibers (sheep wool, alpaca, angora, mohair, camel, etc.) which tend to hold heat close to the body, natural plant fibers pull heat *away* from the body. These fibers keep us much cooler in the summer heat. Cotton is the best known of these plant fibers for knitting and crocheting, with the highest percentage of pure cellulose. Two other fibers well-known for their warm weather wearability are linen and hemp, known as *bast* fibers because they are derived from cellulose in the stalks of plants.

According to Clara Parkes in *The Knitter's Book of Yarn*: "Behaviorally speaking, cellulose fibers have a capacity to stretch with wear -- they just aren't that good at bouncing back to their original shape. Washing and reblocking will revive your garment, but the more times the fiber stretches with wear, the more diminished its ability to bounce back becomes".

In addition, these fibers can be dense and heavy, so take care to be smart about yarn-to-project pairings. Avoid dense cables and pattern stitches which will add weight to the garment, as the heavier the garment, the more it will stretch with wear. This is why lace patterns are perhaps a wiser choice for plant fibers.

Allow your cotton, linen and hemp garments sufficient time to completely dry before storing, as mold and mildew can also be problematic.

**KATHY'S KREATIONS**  
141 East Main Street  
Ligonier, PA 15658  
724-238-9320

It's the ten best days of



**KATHY'S KREATIONS**  
**40th ANNIVERSARY CELEBRATION**  
Each day, purchase a pattern of the "Day"  
& get 10% off yarn in stock for project

Open 10 am - 4 pm Monday thru Saturday,  
12 pm - 4 pm on Sundays

Friday, July 31 "Michelle Hunter" Day  
Saturday, August 1 "Kathy Zimmerman" Day  
Sunday, August 2 "Churchmouse Classics" Day  
Monday, August 3 "Casapinka" Day  
Tuesday, August 4 "Joji Locatelli" Day  
Wednesday, August 5 "HiKoo" Day  
Thursday, August 6 "Dream In Color" Day  
Friday, August 7 "Emma's Yarn" Day  
Saturday, August 8 "Berroco Yarn" Day  
Sunday, August 9 "Manos Del Uruguay" Day

It's ten fun fiber-filled days featuring

- door prize drawing -- enter with your purchase
- our special "Ruby On Main and The Diamond" yarn colorway from DREAM IN COLOR
- free knit or crochet pattern with purchase
- a small giveaway item with purchase
- free Kathy's Kreations tote bag with your purchase of \$100 or more (while supplies last)

Our sincere thank you to Berroco Yarn, Skacel Collection and Universal Yarn for contributing items for our door prize drawings:

- Berroco Yarns: Kingsey Hat & Cowl kit with 3 balls of their new fall yarn, *Mochi*, and booklet #419
- Skacel Collection: Skacel backpack-style zipper tote bag with 4 balls of *SimpliCria* yarn and pocket pattern for chevron cowl
- Universal Yarn (2 items): Two balls *Bella Cash* and pattern for "Trinket Socks"; three balls Fibra Natura *Kingston Tweed* and "Birch Gloves" pattern kit

Stacey Rivera of RiverRat Yarns will be on hand on Saturdays and Sundays for a "Meet & Greet". We will be featuring her gorgeous hand-dyed yarns (shown right), including a colorway hand-dyed just for Kathy's Kreations ruby 40th anniversary celebration!



\*\*\* SAVE THE DATES -- EVERYTHING HAS RE-SCHEDULED OR CHANGED! \*\*\*

Recent events surrounding the COVID-19 virus has required the postponement or rescheduling of important in-person fiber events. Ligonier has currently moved to the green phase of re-opening with many shops now able to have in-person shopping once again, still keeping yellow guidelines please (must wear masks correctly covering nose and mouth, social distancing 6 feet apart, hand sanitizer before shopping, restrictions on in-store capacity, and other health safety guides). Here's the updated calendar for the summer...



- Many of us are knitting along on the Pennsylvania Road Trip Mystery Shawl KAL (knit along) which continues throughout the summer -- see <https://roadtripmystery.com/> Everyone participating is in varying stages of this beautiful project. We're so glad to have this knitting diversion and look forward to receiving more clues! Congratulations to Mary Lynn M who won our door prize at leg 4 of the journey (a gorgeous project kit featuring our anniversary colorway Ruby on Main & the Diamond hand-dyed by Dream in Color on base "Smoochy with Cashmere" and Kathy's *Just One More Row* pattern). Join us now -- it's not too late! The clues and fun continue through the end of August...
- LIGONIER COUNTRY MARKET is open on Saturday mornings and is expanding! Due to overwhelming requests, there will be a LIGONIER NIGHT MARKET ON THE DIAMOND from 5 pm - 8 pm on **Thursdays August 20, September 17 and October 15, 2020**. What does this mean for our customers? Kathy's Kreations **WILL BE OPEN UNTIL 8:00 PM** on those evenings as well! We were thrilled to see the Out Of The Fire food truck in front of our business block on East Main Street last time. The event was well-attended within social distancing guidelines, and this was a fun evening out in Ligonier...
- KATHY'S KREATIONS delayed 40th anniversary celebration will be held **July 31- August 9, 2020** -- it's the ten best days of summer! The Steel Valley Yarn Crawl may have been cancelled due to COVID-19 concerns (next year's dates July 30 - August 8, 2021), but we are going forward with plans for a birthday bash with door prizes, our special "Ruby On Main and The Diamond" yarn colorway from DREAM IN COLOR and free pattern & a small giveaway item with purchase. See page 6 for a daily schedule of planned events...
- **LYS DAY Saturday, September 12, 2020** We appreciate our customer support and hope that you will visit us on this special day, while observing appropriate health safety guidelines. More about this special event in our upcoming August newsletter...
- FORT LIGONIER DAYS will be unable to occur this year, largely due to the COVID-19 outbreak restrictions. We do, however, have some good news to share with you. Fort Ligonier Days will go on in a virtual format via social media channels and website. As a participating merchant, our role in the virtual Festival will be via live video on Facebook and Instagram with a brief tour of our shop and featured products promoting our unique LYS. The overall theme of the virtual Fort Days campaign will be encouraging people to still come visit our beautiful little town to shop and dine. **We will feature a trunk show during business hours (10 am - 4 pm) from MEADOWCROFT DYEWORKS in our shop on Friday, October 9 through Saturday, October 10, 2020.**

You may find information on the virtual tour website [www.fortligonierdays.com](http://www.fortligonierdays.com), on Facebook at Fort Ligonier Days, and on Instagram at Fort Ligonier Days.

The best ways you can support our business if you cannot stop by in person is virtually by e-mail [kathyknitz@gmail.com](mailto:kathyknitz@gmail.com) or calling 724-238-9320. Mail orders and curbside pick-up are available. You may find us on Facebook (Kathy's Kreations; Ligonier, PA) or Kathy on Instagram (#kathyknitz)



### \*\*\* CALENDAR OF EVENTS \*\*\*

Your safety and well-being are our utmost concern. All in-shop events are slowly resuming in compliance with the extended social distancing and health safety guidelines. We are limiting the number of attendees at our Friday knit-alongs, so please call ahead for space availability. Please check in with our Facebook page (Kathy's Kreations; Ligonier, PA) and Instagram (#kathyknitz) for updated information. In the meantime, we are planning an exciting upcoming future event, Fall Fling! Here are the details:

### \*\*\* FALL FLING WEEKEND 2020 \*\*\*

Kathy's Kreations invites you to join us for our 11th annual "Fall Fling" Knitting Workshop Weekend, to be held **October 2 - 4, 2020**, hosted by Kathy Zimmerman. We have a change in plans announcing that our own Kathy Zimmerman will be the featured instructor. Kathy is a nationally-recognized knitwear designer, teacher and has been the owner of Kathy's Kreations in Ligonier, PA for over forty years.

#### CLASS DESCRIPTION

Kathy will be teaching a nine-hour knitting workshop at the Ramada Inn in historic Ligonier, PA, with the topic *Twisted Knitting*. Travel back in time to 18th century Europe, to a valley located on the border of Austria and Germany, where the knitting tradition known as Twisted-Stitch Knitting was born. Resembling cables, Twisted-Stitch patterns comprise twisted knit stitches traveling diagonally across a purl background to create a captivatingly textured fabric.

In this class, you will learn about the origin and history of this tradition, characteristics of and methods for creating the stitches, and swatch several different stitch patterns. Traditional twisted-stitch patterns are represented graphically. This class takes a look at both historical representations of stitch patterns as well as current methods. You will learn all the skills you need to knit any charted twisted-stitches pattern. However, the *Bavarian Byways Beanie* project designed by Kathy Erhard (shown upper left), which we will work in class, contains both written and charted instructions.

#### WEEKEND DETAILS

The weekend package includes an after-hours Soup & Sliders party and special shopping time at Kathy's Kreations (Friday evening); an informal meet & greet on Friday evening to get acquainted; an optional Friday evening knit-along; morning coffee breaks and two lunches at the Ramada; classes Saturday and Sunday; extended lunch break on Saturday with time to shop in the pretty little town of Ligonier and goodie bags (includes yarn for class project).

Registration is \$250 per person. Overnight lodging is not included and is optional for local participants. The Ramada has set up a special rate for us, so please make your own reservations by calling 724-238-9545. Space is limited on a first-come, first-served basis, and the workshop is already more than half-filled. Please e-mail or call Kathy at 724-238-9320 for more information.

**Private knitting and crocheting lessons are once again available by appointment within protocol now that we are in the green phase, but are still limited. Kathy's Kreations has been the helpful hands of experienced knitting for over 40 years!**

May each new project you cast on this month become a well-loved piece you'll wear again and again -- whether it's something quick and light for sunny days or something warm and woolly for fall which is approaching! **KEEP KNITTING AND CROCHETING!** Kathy