KATHY'S KREATIONS 141 East Main Street Ligonier, PA 15658 724-238-9320 APRIL 2019 UPDATE



Dear Stitchers,

Bring on Spring! This season, give your knitted or crocheted wardrobe that "sun-on-your-face feeling" and consider Kathy's Kreations the best place to get started! Looking for inspiration? We've got it here. We've gathered a collection of beautiful yarns and interesting projects to spark your creativity. Let us help you to discover something delightful!

Trends that seem to be on the "up-swing" are intarsia, beads, a more classic tonal palette, sweater garments, and bigger shawls. There also seems to be more made of the connection between knitting / crocheting and our health and well-being. We will continue to see the positive effects our craft has on our sense of comfort and security, with its natural link to greater awareness about consumption, the environment and generally doing things we feel good about.

The repetitive movements of knitting and crocheting induce a relaxed, almost-meditative state. Recently, an excellent feature aired on the TODAY SHOW in which Jenna Bush organized a "Learn To Knit" session as a source of calm relaxation for the show's behind-the-scenes busy communications staff. Those of us who knit or crochet often gravitate toward our craft in leisure time because of the way we feel when we stitch. We're reluctant to put our work away, whether we are working on a simple texture pattern or a more complex lace design. This stress-reducing activity takes us away from reality and social media and has us focus on an immediate task. The repetition helps us relax, and is like a friend that is there whenever we need it. Stitching is therapy! Join us for LYS Day Saturday, April 27, 2019...

# GET THAT SPRING FEELING! 10% off all regularly-priced BERROCO YARNS in stock throughout April 2019

Store Hours 9:00 am - 5:00 pm Monday through Saturday, closed Sundays

We accept Mastercard, VISA, Discover, AX

Private knitting and crocheting lessons
Instructions are available by appointment
Finishing services & gift certificates available
Mail orders available -- no order too small!
Shopping at Kathy's Kreations has never been easier

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e-mail <u>kathy@kathys-kreations.com</u>
please visit our website <u>http://www.kathys-kreations.com</u>

#### \*\*\* GREAT NEW STUFF \*\*\*

This is the time of year when our weather can be not-quite-cold but not-yet-warm and sometimes messy. We are looking ahead to warmer days with our knitting needles and crochet hooks in hand. Spring is in the air, so get started now. Make your dream projects a reality with these top picks for you...

Maybe it's the appeal of a one-skein small commitment project or maybe it's our Laurel Highlands weather, but our customers' fascination with hats of all kinds continues. Kathy's latest textured design, "Anne's Seed Hat" (\$5.00, shown upper left), looks great on everybody! Instructions are given for knitting flat (back and forth) and in the round (circularly), in both traditional and slouchy versions, sized from child to adult. The hat pattern will also soon be available to download at Kathy Zimmerman's Ravelry Store. For this hat, Kathy chose HiKOO "Sueno Worsted Tonal" (\$19.95, 100 grams, 182 yards, 80% merino superwash wool / 20% viscose from bamboo, CYCA #4). This worsted weight Peruvian yarn is a lovely blend of soft superwash merino and viscose that's made with strength and wearability in mind. The perfect amount of springiness makes knitting with it a pleasure. "Sueno Worsted" is perfect for socks, sweaters, accessories and hard-wearing garments that will last a lifetime. Also available in solid shades (\$17.50)...

It's no secret -- we love gadgets! The new CLOVER Swatch Ruler and Needle Gauge (\$10.50) is a multi-purpose tool for knitting and crochet. Measure your crochet hook or knitting needle in metric, US, and Japanese standard sizes. The swatch ruler allows you to isolate a section of your work to easily count both stitches and rows in a pre-cut 4" ruler. We also have received automatically-retracting CLOVER 60" fiberglass spring tape measures (\$7.50), featuring both inches and metric scaling...

BERROCO "Millefiori Light" (\$15.50, 100 grams, 350 yards, 50% wool/50% acrylic, CYCA #3) takes all of the shimmer and shine of its worsted weight sibling "Millefiori" and condenses them into a sport-weight version that's perfect for spring. This lightweight blend of wool and acrylic comes in vibrant shades. This yarn is an ideal choice for spring wraps and ponchos like multi-directional *Adriana* (pattern free with purchase of yarn to make project) or CHURCHMOUSE CLASSICS *Easy Folded Poncho* (a great take-along project). And, BERROCO YARNS are on sale...

MRS. CROSBY loves to play with yarn! Her collection of lovingly curated yarns are hand-dyed in beautiful variegated and semi-solid colors. New spring shades of "Steamer Trunk" (\$19.95, 100 grams, 164 yards, 100% superwash merino wool, CYCA #4) are here -- Bacalar, Nolan, Carnival, Sierra Gorda, Beauregard, and Harper. Whether you're knitting, crocheting or weaving, this yarn will bring a playful feel to your work and joy to your fingers...

Life is about using the entire box of crayons, so add some color to your stitching this spring. "La Jolla" (\$31.00, 115 grams, 400 yards, 100% superwash merino wool, CYCA #2) from BAAH YARNS comes in a beautiful selection of vibrant, saturated hues made in the USA. The firm tight twist to this yarn works up nicely in any kind of pattern. This yarn's superwash merino content lends itself to a variety of projects like socks, shawls and baby / children's garments. The March colorway with complimentary solids is shown in the photo lower right, along with our recommended project, *Teka-Teki* by Talitha Kuomi.

lower right, along with our recommended project, *Teka-Teki* by Talitha Kuomi. This lightweight poncho is knit flat in two pieces and then joined at the tips of the herringbone stitch pattern to create rows of open circles. The openwork circles can be worn running across the shoulders (shown in photo of pattern) or can be work vertically at the center front and back. Spring perfect...

#### \*\*\* MORE GREAT NEW STUFF \*\*\*

We premiered Kathy Erhard's *Zebra Fade* design to rave reviews at the recent Pittsburgh Knit & Crochet / Creative Arts Festival (\$5.00, shown upper right). Kathy is a master at slip stitch knitting and this design is no exception. *Zebra Fade* is worked with the same main color throughout, while gradually fading contrasting color from darkest to lightest. The beauty of this design is that it can be worn like a poncho or a cowl, making



it very versatile. Kathy E knit her design in HiKOO "Sueno" (\$16.50, 100 grams, 255 yards, 80% superwash merino/20% vsicose from bamboo, CYCA #3), a lovely DK weight available on our shelves in a wide range of lustrous solids. Check out Kathy E's tip for choosing colors on page 5...

Lightweight artisan-dyed DRAGONFLY FIBERS yarns are well-suited to warm-weather knitting. New shades are here like Carolina, Daenerys, West With the Night, Blue Velvet, Cognac, and Airport Hot Sauce in your favorite fingering weight bases "Djinni" (\$34.50, 4.2 oz., 420 yards, 80% superwash merino/10% cashmere/10% nylon), and "Pixie" (\$25.50, 4 oz., 430 yards, 100% superwash merino single ply). DRAGONFLY dyes high quality knitting and crocheting yarns in deep, rich and sometimes crazy bright colors for your crafting pleasure...

Neutral shades of HiKOO "Concentric" yarn are here in gray and brown heathers (\$48.50, 200 grams, 437 yards, 100% baby alpaca, CYCA #4). This yarn gives you color gradients that are carefully designed by a team of color specialists! "Concentric" is made from four non-plied strands, which creates the distinctive color change. This yarn is wonderful for shawls and stunning in sweaters. It knits up at worsted weight, so get inspired and start knitting!

New-to-us shades of PLYMOUTH YARN "Select Worsted Merino Superwash" (\$16.50, 100 grams, 218 yards, 100% superwash fine merino wool, CYCA #4) just arrived. This fabulous superwash merino whose everyday wearability and luxurious feel make it perfect for projects for the entire family with a large array of colors. It's an economical choice with generous yardage on each skein, with the added benefit of machine washability and the warmth of wool! Soft to knit and wear...

Like its worsted-weight cousin "Modern Cotton", BERROCO YARNS "Modern Cotton DK" (\$9.50, 100 grams, 335 yards, 60% pima cotton/40% modal rayon, CYCA #3) has the same soft blend of pima cotton and modal rayon, specially twisted to insure that stitch definition isn't sacrificed for softness. With a delightful range of solid colors from neutrals to pastels, this yarn is a fantastic choice for warmer-weather garments that drape beautifully. It's also a great option for those who are sensitive to wool...

We have received notification that BERROCO YARNS and JAMES C. BRETT have made the mutual decision to end their distribution agreement effective April 30, 2019. We have re-stocked a large supply of "Marble Chunky" and "Baby Marble DK" as these have been very popular yarns with our customers. BERROCO will continue to fulfill our customer orders throughout April, but availability is not known beyond that...



It can be challenging to style your beautiful handmade shawls, and to keep them from constantly falling off your shoulders. Shawl pins by MAB ELEMENTS hold it all together! Handcrafted in Ohio, these artisan-made metal shawl pins wrapped with wire are not only practical, they are art you can wear! Price varies from \$26.00 (metal, shown in photo on left) - \$30.00 (with added stones)...



# \*\*\* APRIL 2019 PROGRESSIVE NEEDLES KNIT ALONG \*\*\*

Michelle "Knit Purl" Hunter is returning to lead our April 2019 Progressive Needles Knit Along. Beginning on April 4, 2019, Michelle Hunter will be releasing the first portion of *Cable Channel*, a stylish pillow featuring an original cable pattern. Knit in HiKOO "Kenzie" (shown upper left), the mystery design features a rich fabric to add beauty and

texture to any decor. Pillows provide the perfect platform to explore new techniques and hone finishing skills. They also make great gifts!

Cable Channel is knit in one piece with simple seaming and features a button closure to allow for easy washing and assembly. The front and back are knit in different stitch patterns to keep the project interesting and texturally charming. Both written and charted instruction, along with video support, are provided to guarantee success.

HiKOO "Kenzie" delivers the excellent stitch definition and durability best suited for casual luxury. Available in over 25 colors, there is a shade to match every decor or provide that perfect "pop" of color. We have just received a large selection of "Kenzie" yarn and have SKACEL buttons in stock. Be sure to purchase your supplies early to insure you get the shade and buttons you want.

The KAL starts Thursday, April 4, 2019 and Michelle will release the next portion of the pattern at www.knitpurlhunter.com every Thursday in April at 9:00 am EST. Join us at Kathy's Kreations every Friday to work on the project -- this is going to be fun! Materials

- --- 4 skeins "Kenzie" by HiKOO (50% New Zealand merino / 25% nylon/ 10% angora / 10% alpaca / 5% silk noils). Michelle will be using #1024 Hokitika.
- --- US #6 (4.0 mm) 24" circular needles or size needed to obtain gauge
- --- 14" pillow form
- --- four 7/8" buttons

## \*\*\* UPCOMING KNITTING CLASSES (call 724-238-9320 to register for all classes) \*\*\*

Colorwork can seem like a challenging task, but, luckily, instructor Karen McCullough will introduce you to a wonderful new knitting technique each month with panels from Michelle Hunter's *Building In Color* book. Don't worry about jumping in late -- it is never too late for the color series. Join Karen on Tuesday, April 2, 2019, 10:00 am - 12 noon to learn *Butterfly Stitch*, a novelty stitch that utilizes a simple technique to create intricate patterns. Registration fee is \$10 per class plus materials. Join Karen as she explores the fascinating world of colorful knitting, advance your current skills, master new techniques and learn more about the Butterfly stitch -- all in an encouraging, fun environment! We'll let you in on our little secret that this charming design is a cinch to knit...

Knitting, and knitted lace in particular, has its own language. To understand it, it helps to have an expert to guide you through the terminology and technical how-to's. In the *Building With Lace* series, join our instructor Kathy Erhard as she demonstrates lace skills and work along to make your own gorgeous sampler shawl as a wearable showcase of your skills. Our next class is scheduled for April 20, 2019 from 9:00 am - 12 noon at Kathy's Kreations and will be held on a Saturday morning of each month from April through October. It's not too late to join the group and take your lace skills from casual to experienced as the series continues!

This month, the lace patterns in Michelle Hunter's *Building With Lace* shawl just keep getting prettier as cabled texture is added to the delicate lace. Cables make everything more attractive and lace patterns are no exception. Don't let working cables slow your knitting down by fiddling with a cable needle. Learn how to make left- and right-crossed cables without a cable

### \*\*\* CLASSES (continued) \*\*\*

needle and discover how to make Michelle's shawl along with your other cabled projects fly off the needles. Students are using the gorgeous HiKOO by Skacel "Rylie" (50% baby alpaca/25% mulberry silk/25% linen) yarn, so see Kathy Z for this yarn or a suitable substitute and bring a size 5 (3.75 mm) 24" circular needle. Knitters can cable with confidence with "Rylie" as stitches stay in place if accidentally dropped off the needle. Fee is \$20 per class. Call 724-238-9320 to register.



Spirals of cascading traveling stitches and a contrasting cuff, toe, and afterthought heel give Falling Dominoes Socks their eye-catching appeal. Join instructor Kathy Erhard on Saturday, April 20, 2019, and Saturday, May 18, 2019 from 1:00 pm - 4:00 pm at Kathy's Kreations to learn how to make these fun socks (shown upper right). April's class features knitting with two circular needles and cabling without a cable needle. May's class will take a look at afterthought heels, shaping the toe, and weaving in the ends. Please see Kathy Z. for the DREAM IN COLOR "Smooshy" sock pairings and two US size 1 or 1.5 (2.5 mm) needles. Class fee is \$20 per session plus purchase of the pattern (\$5.00). Please call 724-238-9320 to register...

Rich colors of URTH YARNS' variegated and solid fingering weight yarns combine to make the *Butterfly / Papillon* shawl spectacular, while the clever use of short rows creates a butterfly wing pattern that might even impress Mother Nature. Join instructor Kathy Erhard on Saturday, April 27, 2019 from 9:00 am - 12 noon as she takes you on a tour of this multipage pattern and explains how to work short rows. Please see Kathy Z for 762 yards of variegated and 420 yards of solid color fingering weight yarn, US size 4 (3.5 mm) 40" or longer circular needles, and the *Butterfly* pattern. Please also bring stitch markers. Class fee is \$20. Please call 724-238-9320 to reserve your place...

Learn tips and tricks to take your knitting projects to the next level with Finishing Finesse. Join instructor Kathy Erhard on Saturday, April 27, 2019, from 1:00 pm - 4:00 pm at Kathy's Kreations to learn the secrets to take your projects from "homemade" to "handmade" and become confident in your work. Please bring one of Kathy's Kreations worsted weight yarns and US size 7 (4.5 mm) or 8 (5.0 mm) to practice some techniques and call 724-238-9320 to register. Class fee is \$20...

#### \*\*\* HELPFUL HINTS \*\*\*

Make One (M1) increases can be confusing. For the left slant (M1L) and Standard M1: with left needle tip, lift strand between needles from front to back; then knit lifted loop through the back loop. For the right slant (M1R): with left needle tip, lift strand bewteen needles from back to front; then knit lifted loop through the front. For purl versions, work as above, purling lifted loop.

Our knitting friend Eleanor Swogger tells us that, if you can't remember front or back for the slant, it may be simpler to work a yarn over on the public side of the work, knitting the yarnover stitch through the back loop on the wrong side to get the desired effect...



Here is our instructor Kathy E's trick for choosing yarn shades for her *Zebra Fade* wrap or other colorwork projects: Group shades together, then use your smart phone on the black and white photo setting to view them. This will tell you if there is sufficient contrast for the shades to be defined. If there is sufficient contrast among each shade of gray, then the yarns are a good choice...

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#### \*\*\* STITCH MARKERS -- WE LOVE 'EM! \*\*\*

We've been inspired by our BERROCO YARNS monthly promotion and enjoyed reading a recent BERROCO "Knitbits" newsletter written by Amy P.

She writes: "Stitch markers are the little knitting lifesavers everyone needs." Anyone who has seen one of Kathy's works in progress knows that she thinks they are an essential part of every project! Amy's article goes on to discuss the types of markers and some wonderful ways to use them.

--- Non-removable: circular or triangular bits of plastic (check out our large selection of Clover and ChiaGoo brands)

handmade sets of metal stitch markers with beads and a charm by jewelry marker Linda Cable designed for Kathy's Kreations (\$5.50, shown upper right)

"These stitch markers have to be placed on the needles as you're working. Many patterns indicate when to use them with the instructions 'place marker.' On the following rows, when you come to the marker, you slip the marker from one needle to the other to maintain the marker's position...

Many patterns have you place stitch markers when you are working a series of increases or decreases, so you know at which point you'll need to work the stitches to make them line up nicely. Use them to cast on large numbers of stitches to ensure ending up with the correct number. Use them to separate our pattern repeats, so you know pretty quickly if you are off track."

--- Removable (locking) markers: these markers have a opening that "locks" into place such (Clover locking stitch markers or Bryson coilless pins)

"These markers work well for both knitting and crochet. These markers can be placed on the needles as you're working, but can also be placed in stitches themselves. Typically when you see an instruction to place a removable marker (as opposed to just 'place marker'), the patterns are letting you know that you're going to need to remove this at a later time."

"It's very helpful to have different colors of markers if a pattern calls for both removable and non-removable markers, Place a removable marker to help count the stitches, or to pick up stitches when you want to do it evenly. And, if you need to keep track of your work vertically, as in how many rows you've worked, they're great for that, too!"

Our thanks to Amy P for granting permission for us to re-print portions of her article! Visit BERROCO *KnitBits* for product updates and useful information: www.berroco.com

#### \*\*\* MORE HELPFUL HINTS & SOME INSPIRATION \*\*\*

If your bound-off edge ends up too tight, try working again using a larger size needle. This will make the edge looser and provide more give...

Add a cheerful splash of spring color to any room by rolling leftover balls of yarn and piling them into a pretty basket or large clear glass container. Then just tuck into a corner or set out on a dresser or coffee table for an inexpensive decorative accent...

When working a cardigan, pick out your buttons BEFORE you start working the front bands. For best results, you will need to co-ordinate the size of your buttonholes with your desired buttons.

For added stability, try using a flat plastic button as a backing; sandwich the sweater fabric between and sew through both buttons. Avoid heavy buttons if you have a lightweight garment so that your sweater is not pulled out of shape...

#### \*\*\* WHERE'S KATHY? \*\*\*

- KATHY'S KREATIONS "Spring Break Weekend" April 5 7, 2019 -- join us for a
  weekend retreat filled with fellowship, "therapeutic" knitting, shawl styling
  how-to's, chair yoga, hand treatments, and more! Our thanks to BERROCO
  YARNS for providing Carol's Shawl patterns and a door prize for our event!
- 2nd annual LYS DAY Saturday, April 27, 2019 featuring a BERROCO freebie with all purchases (while supplies last); special colorways from WONDERLAND YARNS and DREAM IN COLOR; a free pattern from CASAPINKA; our 39th birthday party; a door prize drawing and more!
- 6th annual STEEL VALLEY YARN CRAWL August 2 11, 2019
   Participating shops include Darn Yarn, Dyed In The Wool, Kathy's Kreations, Kid Ewe Knot, McWalker Yarns, The Pittsburgh Yarn Company, Raggz Fiber Art, The Ross Farm Mercantile, Sewickley Yarns, Tonidale Yarn & Needlecraft, and Yarns By Design.
   Passports will go on sale beginning July 1, 2019...
- KNITTER'S DAY OUT (KDO) Friday & Saturday September 27 & 28, 2019 -- visit Kathy "On The Road" in the Market at this day and a half of classes, shopping and camaraderie devoted to knitting and fiber arts...
- FORT LIGONIER DAYS October 11 13, 2019
- KNITTREAT at WISP Resort, Deep Creek, MD November 7 10, 2019

# \*\*\* LYS DAY (LOCAL YARN STORE DAY) \*\*\*

The 2nd Annual LYS (Local Yarn Shop Day) is just around the corner! Please join us for this nationwide event designed to show support for small businesses while bringing together a unique community of knitters, crocheters, weavers and spinners to drive awareness and celebrate the importance of your local store and crafting community. Its aim is to help brick-and-mortar stores by encouraging yarn lovers to visit their local store and discover the great things it can offer, while at the same time enjoying a day of treats, fun, and meeting like-minded crafters. This year's LYS Day will take place on Saturday, April 27, 2019.

We plan to feature WONDERLAND YARNS special LYS-exclusive color (a rich, deep purple) on merino wool bases "Mary Ann" (sock), "Mad Hatter" (sport), and "March Hare" (worsted). These go-to yarns cover it all: softness, elasticity and wearability.

In addition, we will have a limited edition LYS DAY Special Kit for the Dimishing Colors Cowl (shown upper right). WONDERLAND YARNS couldn't resist pairing their LYS Day 2019 colorway with Jub-Jub Bird, one of their core tonal colorways. They are a perfect match for this quick, bold knit. WONDERLAND loves to play with the "Alice in Wonderland" theme. Perhaps Alice didn't like growing and shrinking, but it sure makes knitting more fun! One set of stripes grows taller while the other grows shorter in this simple yet striking cowl. The 19" tall X 30" around ample size makes it versatile -- from cowl to hood -- to keep the chill at bay on blustery days. The kit comes with the pattern and two skeins of "Mary Ann" 80% superwash merino / 20% nylon. Supplies will be limited, but advance orders will be accepted.

We have some very special things planned for LYS including:

- DREAM IN COLOR's special colorway, "Grand Canyon Centennial" (shown lower right) in honor of the Grand Canyon National Park's 100th birthday. 10% of the proceeds will be donated to the Grand Canyon Conservancy.
- Designer Casapinka will share a pattern that will be available free with purchase of yarn to make the project
- Free coupon code for free PLYMOUTH YARN patterns on Ravelry
- A free tapestry needle, courtesy of ACCESSORIES UNLIMITED
- Free pattern from BERROCO YARNS with your BERROCO purchase
- We're celebrating our 39th birthday with cupcakes
- Sign up for a door prize drawing with your purchase





# \*\*\* CALENDAR OF EVENTS \*\*\*

Join the "First Mondays" group for an evening of knitting, crocheting and fellowship, at Panera Bread Greengate in Greensburg, PA. Meeting dates are Monday evenings April 1, 2019 and May 6, 2019; 6:00 pm - 8:30 pm.

\*\*\* "KNITTING IN THE AFTERNOON" AT KATHY'S KREATIONS Tuesdays, April 9, 2019 and May 14, 2019; 1:00 pm - 5:00 pm (rsvp please, all skill levels welcome) \*\*\*

Join us for stitching, lots of fun conversation and maybe ice cream!

\*\*\* SATURDAY SIT-N-KNIT April 13, 2019 and May 11, 2019; 10:00 am - 2:00 pm; (rsvp please, all skill levels welcome) \*\*\*

Join us at Kathy's Kreations for fellowship and stitching for projects purchased here.

\*\*\* FUN FRIDAYS, April 20, 2019 and May 18, 2019; 10:00 am - 2:00 pm \*\*\*

Come in for the yarn and leave with friendships! Join our "knitting community" for fellowship, stitching, and how-to's for projects purchased here. Whether this is your first project or your hundredth, this is the place for you to learn, grow and enjoy being with other knitters and crocheters just like you...

# \*\*\* APRIL KNIT-ALONG (KAL) \*\*\*

Stop by on Fridays in April from 10 am - 2 pm (rsvp please) to work on our newest KAL with your stitching friends to cheer you on. Our featured project is a terrific new cabled pillow design from MICHELLE "KNIT PURL" HUNTER: "Cable Channel". Not working on the KAL? You are still welcome to come -- simply bring any knit or crochet project purchased at Kathy's Kreations and join the group (free!). Follow us on "We Love Kathy's" Ravelry group April 2019 thread and the Kathy Zimmerman Group KAL...

- \*\*\* "BUILDING IN COLOR" Tuesday, April 2, 2019, 10:00 am 12:00 noon (knit) \*\*\*
- \*\*\* "BUILDING WITH LACE" Saturday, April 20, 2019, 9:00 am 12 noon (knit) \*\*\*
- \*\*\* "FALLING DOMINOES SOCKS" Saturday, April 20, 2019, 1:00 pm 4:00 pm (knit) \*\*\*
- \*\*\* FINISHING FINESSE" Saturday, April 27, 2019, 1:00 pm 4:00 pm (knit) \*\*\*
- \*\*\* BUTTERFLY / PAPILLON SHAWL" Saturday, April 27, 2019, 9:00 am 12 noon (knit) \*\*\*
- \*\*\* LYS DAY Saturday, April 27, 2019 -- JOIN US! \*\*\*

Private knitting and crocheting lessons available by appointment. Learning to knit or correcting mistakes are not the only reasons to have a one-on-one tutoring lesson. Learn new techniques like lace or short rows, or get help with a pattern before starting -- our instructors can do it all! Additional group classes are forming -- ask us for details. We would be glad to do a specific class topic for groups of 4 or more. Kathy's Kreations has been the helpful hands of experienced knitting for more than 39 years!

Knitting and crocheting feeds our hunger for some way to show our individuality. It's original. Its focus is to create something one-of-a-kind. If you ever stitch in public, you'll see that sometimes people stop to stare, ask questions, inititate conversation, and follow your movements. Be lulled by the physical rhythm of your hands and let it feed your soul...